

**Unit 8: Nursing Informatics**  
**Z-Chapter 23**  
**ONLINE CONTENT (1 H)**

**Unit Objectives:**

- Discuss trends associated with the computerized electronic record, e-health, and mobile devices. (6,7)\*
- Review the steps in evaluating the validity of a website. (7)\*

\*Course Objectives

**Review Z-chapter 23 the assignment and place your answers to the following questions in the Z-CH # 23 drop box by 0800 on 3/24/2025.**

Patients often use the Internet to search for health-related issues. Search the Internet for any health-related issue of your choosing. Evaluate the website by answering the following questions:

1. Do the authors have qualifications listed? What are their qualifications? What is the domain? (.gov, .edu, .org)
  - a. A common symptom that a lot of people, experience is nausea, so I looked up “Why am I nauseous?” and it gave me many different websites. The author is Cassie Drumm and she interviewed a Dr. David Kastenberg on common causes of nausea and ways to treat them. Dr. Kastenberg is a gastroenterologist who deals with these signs and symptoms every day, so I would have to say he is very qualified to give information on nausea. The domain of this website is “.org” which means that this website is associated with an organization of some sort.
2. When was the site created? When was the site last updated or revised?
  - a. This site was created on October 17, 2024 by Cassie Drumm, and it has not been updated yet which may be related to how recently it was written.
3. Who is the targeted audience? Does the web site present facts or opinions?
  - a. The target audience seems to be very broad as there is not a specific category of people mentioned in it. I would also say that this website has user friendly language and even younger users would be able to understand all the terminology used.
4. How complete and accurate is the content information? Does it agree with other expert sources? (Provide expert sources you researched.)
  - a. The content provided on this website is pretty general and the information does not go into much detail which can be great for people who are just looking for a simple explanation. For those who are wanting more than that, the *Cleveland Clinic* has much more, detailed information that may be better for those who are having more specific symptoms. There is also a site called *Medical News Today* which also includes many causes of nausea as well as certain diagnosis plus what those diagnosis are. I agree these websites can be helpful, but I also worry they can cause unwanted stress and anxiety as many people being to believe that

something is very wrong, such as cancer, when in reality they are just nauseous from something bad they ate.

5. Does the site load quickly? Is it a secured site? Are there graphics, or pictures on the page that serve a purpose? If so what are they and how do they relate to the health issue?
  - a. This site did load very quickly, but it did not say anything related to it being secure. There are some graphics and overall the site is very pleasing to the eye which may cause you to want to read more! The also include a “Symptom Checker” which will allow you to input your symptoms through a series of questions and it will generate some causes of nausea, or whatever other symptoms you have!

***In order to receive full credit (1 H class time) for this assignment, it must be completed in its entirety by the due date/time assigned. Any assignments not completed in its entirety by the assigned due date and time will result in missed class time.***