

Unit 8: Nursing Informatics
Z-Chapter 23
ONLINE CONTENT (1 H)

Unit Objectives:

- Discuss trends associated with the computerized electronic record, e-health, and mobile devices. (6,7)*
- Review the steps in evaluating the validity of a website. (7)*

*Course Objectives

Review Z-chapter 23 the assignment and place your answers to the following questions in the Z-CH # 23 drop box by 0800 on 3/24/2025.

Patients often use the Internet to search for health-related issues. Search the Internet for any health-related issue of your choosing. Evaluate the website by answering the following questions:

1. Do the authors have qualifications listed? What are their qualifications? What is the domain? (.gov, .edu, .org)

I chose to use the topic hypertension and the first article that popped up was from the Mayo Clinic. The author is listed at the top of the page and she is listed as “MD.” The website is mayoclinic.org.

2. When was the site created? When was the site last updated or revised?

This site was created on February 29, 2024 and has not had any revisions yet.

3. Who is the targeted audience? Does the website present facts or opinions?

The targeted audience is definitely patients and people who don't understand medical terminology. It is written in very simple terms and there is a section of “When you should see the doctor.” This website presents a lot of good facts and is definitely a reputable source for patients. I am glad it is the first article that comes up when you research this very common health problem.

4. How complete and accurate is the content information? Does it agree with other expert sources? (Provide expert sources you researched.)

I would say that this website is very simply written but it gives a lot of good information about what hypertension is, side effects, causes, and how to treat it/modify your life-style. This definitely agrees with other expert sources and I think it is a great option for a resource for patients.

5. Does the site load quickly? Is it a secured site? Are there graphics, or pictures on the page that serve a purpose? If so what are they and how do they relate to the health issue?

This site loaded on my computer very quickly, but I don't believe it is a secured site. There are ads along and side but there are no pictures throughout the article. It does not include "https" in the article link and this is commonly an indicator that the website is secure. There is a 4 minute long video at the very beginning of the article though which I do think would be another great resources for patients who do not want to read articles.

In order to receive full credit (1 H class time) for this assignment, it must be completed in its entirety by the due date/time assigned. Any assignments not completed in its entirety by the assigned due date and time will result in missed class time.