

Unit 8: Nursing Informatics
Z-Chapter 23
ONLINE CONTENT (1 H)

Unit Objectives:

- Discuss trends associated with the computerized electronic record, e-health, and mobile devices. (6,7)*
- Review the steps in evaluating the validity of a website. (7)*

*Course Objectives

Review Z-chapter 23 the assignment and place your answers to the following questions in the Z-CH # 23 drop box by 0800 on 3/24/2025.

Patients often use the Internet to search for health-related issues. Search the Internet for any health-related issue of your choosing. Evaluate the website by answering the following questions:

Pruthi, S. (Ed.). (2024, April 4). *8 steps to a heart-healthy diet*. Mayo Clinic.
<https://www.mayoclinic.org/diseases-conditions/heart-disease/in-depth/heart-healthy-diet/art-20047702>

1. Do the authors have qualifications listed? What are their qualifications? What is the domain? (.gov, .edu, .org)
This article does not list specific authors, rather it states, “Mayo Clinic Staff.” When you click the link for Mayo Clinic staff it takes you to a list of editors, all of whom are medical doctors. For example, the chief medical editor is an M.D. who practices in internal medicine. The website domain is a .org.
2. When was the site created? When was the site last updated or revised?
The article was published on April 4, 2024. There is no statement regarding if the website was updated or revised.
3. Who is the targeted audience? Does the web site present facts or opinions?
The target audience of the article is individuals with heart disease. The article presents facts regarding heart healthy diet choices.
4. How complete and accurate is the content information? Does it agree with other expert sources? (Provide expert sources you researched.)
This article provides information on portion sizes, increasing fruit and vegetable intake, choosing whole grains, and more. The content correlates with information from the American Heart Association, the Cleveland Clinic, and Harvard Health.
5. Does the site load quickly? Is it a secured site? Are there graphics, or pictures on the page that serve a purpose? If so what are they and how do they relate to the health issue?
The website loads quickly and is secured. There are no graphics or pictures that relate to the content of the article.

In order to receive full credit (1 H class time) for this assignment, it must be completed in its entirety by the due date/time assigned. Any assignments not completed in its entirety by the assigned due date and time will result in missed class time.