Abbi, Cora, and Yasmin

Into the Void: Nurses' Bathroom Habits

Allen, E., & Ackerson, K. (2024, May). Stressors and bathroom behaviors associated with urinary incontinence in nurses working during the COVID-19 pandemic: A mixed-methods study. file:///C:/Users/meyer/Downloads/Article-Stressors%20and%20bathroom%20behaviors%20associated%20with%20urinary%20incontinence.pdf

What solutions can nurse leaders do to promote bladder health in nurses?

A. Train staff that nurses don't use the restroom.
B. Have your staff use the restroom at home.
C. Educate staff to use the restroom when they can, even when they don't need to go.
D. Implement mandatory breaks and coverage for staff.

Found on page 46 in the "Implications for Nurse Leaders" section paragraphs 3 and 4

Phase I- Submit to EBP Poster-phase 1 dropbox in Edvance360 by 1200 on 1/31/25:	**(2 pt.)**	**(1 pt.)**	**(0 pt.)**
Poster title	2		
(1) multiple choice question and answer that reflects a key point from the article	2		
Copy of the full article with answer to multiple choice question highlighted in yellow	2		
Reference listed in APA format (7th edition)		1	