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In the world of nursing today there has been a certain topic that have become a huge ethical dilemma and this has to do with abortion. Nurses are the ones that are in the bedside with the patient throughout the majority of there hospital visit and when one goes into this profession, they must put their opinions aside and act as the professional and be able to advocate for the patient for what they believe is right for them. Abortion is a huge issue today when it comes to healthcare and interferes with one of the patient's ethical principles they are guaranteed and that is the right to have autonomy. This ethical principle would play a huge contribution when it comes to the right to abortion, and this is allowing the patient to make choices for themselves. According to the medic port "It emphasizes that individual to have the ultimate authority to determine what happens to their bodies and to participate in the decision-making process regarding their treatment options"(Medic Port, 2024). So one would question if some states don't allow abortion this is taking away to have authority over there body what one competent individual is able to say over themselves.

This ethical dilemma can become very difficult for nurses because this is also taking away one of the nurses duties in the ANA code of ethics and this is the nurse isn't able to advocate and protect the individuals rights. Even though some States abortion is still legal it is a continuous movement to try and ban this such as over turning Roe V. Wade which protected patients to be able to make this decision on their own. Patient's are feeling the effects of this ban in the states that are banned and this is effecting them emotionally and leading to higher cases of depression. According to AJMC "Mental health conditions, including suicide and substance used disorder overdoses, are the most frequently reported causes of preventable pregnancy-related deaths"(Grossi, 2024). As a nurse one should be promoting the safety of the community and it does mean that one is supporting the movement of abortion but we want to promote the safety and well-being of our patient's. This puts a nurse in bind with how much one is allowed to do and this is why this is a growing ethical dilemma. I believe that politics shouldn't be something that should be involved in healthcare because until they have truly have worked in the environment one is in then they would not understand how it feels to deny

patient access to something that can potentially save the patient's life just as the research study explained these patients are at high risk for suicide.

There shouldn't be any say by a man about what a woman's body should do because this further separates the understanding about what these patients go through. An abortion should be reviewed on a case to case basis and give the patient the right to discontinue carrying of the fetus if it is something that they weren't able to make a choice in the first place an example would be rape and this is one of many things that go on. A woman shouldn't have to bear with the crime that was committed to them and as a nurse would should be able to do what is best for your patient and ensure their safety. As a male going into the nursing field I fully advocate for the rights of my patients and want to make sure their voices are heard.

## References

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