

Online Content 1H

Unit Objectives:

- Describe challenges facing health care that impact the delivery of nursing care. (4)
- Trace the history of the use of nursing care delivery models. (1,3,6)*
- Consider ways to structure nursing services to improve care while reducing costs.
(1,3,6)*
(*Course Objectives)

The following link discusses eight principles of patient-centered care. Read the article and explain each principle, in your own words. Then, pick what you feel are the most important three and explain why you feel this way.

1. **Respect for the patients preferences:** This principle emphasizes involving patients in their care decisions while respecting their values, culture, and preferences. It ensures they are treated with dignity and feel heard and valued.
2. **Coordination and integration of care:** This principle highlights that patients in focus groups expressed feelings of vulnerability and powerlessness due to their illness. Effective care coordination can address these concerns by enhancing clinical care, support services, and front-line patient care.
3. **Information and Education:** This principle highlights that patients often feel uninformed about their condition or prognosis. To address this, hospitals should focus on three key areas of communication: clinical status and prognosis, care processes, and information to promote autonomy, self-care, and health.
4. **Physical Comfort:** This principle emphasizes that physical comfort significantly affects patients' experiences. Three key areas are are pain management, support with daily activities, and the hospital environment.
5. **Emotional Support:** This principle recognizes that fear and anxiety can be as debilitating as physical symptoms. Caregivers should focus on addressing anxiety related to physical status, treatment, prognosis, the impact on the patient and their family, and the financial burden of illness.
6. **Involvement of friends and family:** This principle highlights the importance of family and friends in the patient experience. Key aspects include providing accommodations, involving them in decision-making, supporting family caregivers, and recognizing their needs.
7. **Continuity and transition:** This principle addresses patients' concerns about self-care after discharge. To meet these needs, it's essential to provide clear information

on medications, limitations, and dietary needs, coordinate ongoing treatment, and offer details on continued access to clinical, social, physical, and financial support.

8. **Access to Care:** This principle emphasizes the importance of accessible care for patients. Key areas include the location of hospitals and clinics, transportation options, appointment scheduling, timely access to specialists, and clear instructions for referrals.

Submit to Z-CH15 Dropbox by 0800, 2/27/2025.

In order to receive full credit (1H class time) for this assignment, it must be completed in its entirety by the due date/time assigned. Any assignment not completed in its entirety will result in missed class time.

<https://www.oneviewhealthcare.com/blog/the-eight-principles-of-patient-centered-care/>