

### Online Content 1H

#### Unit Objectives:

- Describe challenges facing health care that impact the delivery of nursing care. (4)
- Trace the history of the use of nursing care delivery models. (1,3,6)\*
- Consider ways to structure nursing services to improve care while reducing costs. (1,3,6)\*  
(\*Course Objectives)

The following link discusses eight principles of patient-centered care. Read the article and explain each principle, in your own words. Then, pick what you feel are the most important three and explain why you feel this way.

Submit to Z-CH15 Dropbox by 0800, 2/27/2025.

***In order to receive full credit (1H class time) for this assignment, it must be completed in its entirety by the due date/time assigned. Any assignment not completed in its entirety will result in missed class time.***

<https://www.oneviewhealthcare.com/blog/the-eight-principles-of-patient-centered-care>

1. When providing care, its important to treat every patient with dignity, respect, respect their cultural back grounds and their personal valves. Also important to respect their autonomy.
  - a. Importance – want the patient to feel respected and welcomed. This will help gain trust and the patient to refer friends and family to this particular hospital.
2. Its important to do collaborative care for all patients. Collaborative care helps to treat patients as a whole.
3. Its important to provide education every step of the way while providing care. Its also crucial to provide a rationale on why something is done. You want to avoid medical terminology and speak in a language that is easy for the patient to understand. You can also provide supplemental resources to ensure patient is understanding on the info that is being presented to the patient. Also request a teach back to ensure clarity.
  - a. Importance – this will help with treatment compliance. When the patient understands something its easy for them to follow instructions to prevent readmission.
4. Its important to pay attention to the patients physical comfort. As a nurse, its important to assess pain, any need for assistance with ADL’s, where the patient lives.
5. You want to treat the patients anxiety as much as possible. This will help calm the patient and to prevent over thinking and thoughts that could be harmful.

6. Its important to involve friends and family of the patient. Having close friends and family in your support group can meet mental & emotional health.
  - a. Support groups are important for mental health. Having a circle helps with health compliance. Your circle will help cheer you on and will make your mental health better.
7. Helping your patient transition back home can help answer any questions that they may have. This helps prevent re admission and helps to decrease anxiety as they transition back home.
8. Inquiring the patients access to health care is important. You want to seek if patient has heath insurance, and if not, help them to find a health care coverage to help pay costs and to help them get the care that they need.