

### Online Content 1H

#### Unit Objectives:

- Describe challenges facing health care that impact the delivery of nursing care. (4)
  - Trace the history of the use of nursing care delivery models. (1,3,6)\*
  - Consider ways to structure nursing services to improve care while reducing costs. (1,3,6)\*
- (\*Course Objectives)

The following link discusses eight principles of patient-centered care. Read the article and explain each principle, in your own words. Then, pick what you feel are the most important three and explain why you feel this way.

The first principle is respect for a patient's values, preferences, and expressed needs. This is when the patient is respected for the things they prefer. The second one is coordination and integration of care. This is when the patients' care is coordinated between multiple people to ensure the patients' needs are met. The third one is information and education. This is ensuring the patient is informed in all the information about their health and stay at the hospital. The fourth one is physical comfort. This is ensuring the patient is comfortable during their stay in the hospital, ensuring their pain is managed, and assisting them with the things they may need help with. The fifth one is emotional support and alleviation of fear and anxiety. This is ensuring the patients anxiety about financial problems, diagnoses, and how this illness may affect their life is heard and it is important to communicate resources and let them know they are not alone, and we want to help the best we can. The sixth one is involvement of family and friends. This ensures the family and friends are involved with the patient. Supporting the family and friends and providing accommodation when able to show the patient and family we care. The seventh one is continuity and transition. This ensures the patient can express how they feel after discharge about caring for themselves. This involves any care they will need once they leave and things that are important like PT, OT, and information about medication. The eighth one is access care. This ensures the patient has the proper access to care that is needed. They need to know where they can go if they need to be seen and they need to be able to have transportation to get the things they need like getting to appointments, getting medications, and getting necessities they need for daily living. I think the most important three are number one respect for patient's values, preferences, and expressed needs, number four physical comfort, and number eight access to care. I think number one is important because the patient is not going to be willing to stay somewhere that they are not respected. Everyone does things differently in life and it is very important to ensure that the patient is able to continue doing the things they would do at home without feeling like they are being judged. Religion is important to some patients and to feel like they are properly healing they will need the hospital staff to accommodate them to do things they

do at home. Number four is important because the patients pain management needs to be controlled the best we can. It is important that no patient is sitting in pain if we can help. They should also be able to feel as comfortable as possible while being hospitalized. It is extremely hard for patients to get sleep in the hospital but if we can provide cluster care especially to those that need the sleep we should. Finally, I think number eight is important because if they patients do not have access to transportation or reliable resources their health may continue to decline. They need to know what is out there and what options they have to help them. Educating patients is extremely important during their stay; this way they are aware of what they have to utilize.

Submit to Z-CH15 Dropbox by 0800, 2/27/2025.

***In order to receive full credit (1H class time) for this assignment, it must be completed in its entirety by the due date/time assigned. Any assignment not completed in its entirety will result in missed class time.***

<https://www.oneviewhealthcare.com/blog/the-eight-principles-of-patient-centered-care/>