

Online Content 1H

Unit Objectives:

- Describe challenges facing health care that impact the delivery of nursing care. (4)
 - Trace the history of the use of nursing care delivery models. (1,3,6)*
 - Consider ways to structure nursing services to improve care while reducing costs. (1,3,6)*
- (*Course Objectives)

The following link discusses eight principles of patient-centered care. Read the article and explain each principle, in your own words. Then, pick what you feel are the most important three and explain why you feel this way.

Respect for patients' values, preferences and expressed needs are having respect of the patient as an individual and allowing them to be a part of the plan of care. Coordination and integration of care is working together to help the patients feel less vulnerable while they are under our care. Information and education is to keep the patient informed about their status of care and what is going on with their condition. Physical comfort is just trying to keep the patient comfortable in the hospital whether it's providing a relaxing environment or managing pain. Emotional support and alleviation of fear and anxiety is trying to keep the patients worries to a minimum whether that relates to finances, their condition, or more. Involvement of family and friends is to allow them to be a part of the plan of care with the patient and supporting them in any way that we can. Continuity and transition is to provide the patient with any further information they may need after being discharged and helping them with any community resources they may need. Access to care is being informative to the patient of resources that can help them with any health care and letting them know what they can access for any needs they may have.

The three most important ones are respect for the patients because first and foremost we need to be respecting who we are taking care of and looking at them as individuals that need our care. The second most important would be information and education because it's important to keep patients in the realm of what's going on so they can be a part of their own plan of care. The third most important I think would be physical comfort because there's a laundry list of reasons why patients may feel uncomfortable during they stay in the hospital so we need to do what we can to help them feel more comfortable so they can shift their focus to their care and recovery.

Submit to Z-CH15 Dropbox by 0800, 2/27/2025.

In order to receive full credit (1H class time) for this assignment, it must be completed in its entirety by the due date/time assigned. Any assignment not completed in its entirety will result in missed class time.

<https://www.oneviewhealthcare.com/blog/the-eight-principles-of-patient-centered-care/>