

Online Content 1H

Unit Objectives:

- Describe challenges facing health care that impact the delivery of nursing care. (4)
- Trace the history of the use of nursing care delivery models. (1,3,6)*
- Consider ways to structure nursing services to improve care while reducing costs. (1,3,6)*
(*Course Objectives)

The following link discusses eight principles of patient-centered care. Read the article and explain each principle, in your own words. Then, pick what you feel are the most important three and explain why you feel this way.

1. Respect for Patients' Values, Preferences, and Expressed Needs: This principle recognizes the importance of involving patients in their own healthcare decisions and ensuring that their autonomy is respected throughout the process.

2. Coordination and Integration of Care: Effective coordination of care helps relieve patients' feelings of vulnerability and confusion. Patients feel more empowered and less isolated when their care is well-organized, which helps to improve their overall experience.

3. Information and Education: Patients often worry about being left in the dark regarding their health status, treatment options, or prognosis. Clear communication about these aspects of their care, as well as providing information that helps them manage their own health and make informed decisions, can reduce fear and build trust.

4. Physical Comfort: Pain management and assistance with daily needs are very important aspects of patient care. Ensuring that patients are physically comfortable can make a significant difference in their recovery and overall experience.

5. Emotional Support and Alleviation of Fear and Anxiety: Anxiety and fear can greatly affect a patient's health and recovery. Patients should be supported emotionally to address concerns about their health, the impact on their loved ones, and the financial burdens that may come with illness.

6. Involvement of Family and Friends: This principle acknowledges the critical role family and friends play in the patient's healing process. Providing accommodations for them, involving them in care decisions, and supporting them as caregivers can create a more supportive and holistic care experience for the patient.

7. Continuity and Transition: Discharge from the hospital often brings concerns about the future, as patients may feel unprepared to care for themselves at home. Clear instructions about

medications, follow-up care, and support services are necessary to ensure a smooth transition from hospital to home, reducing anxiety and helping patients maintain their health.

8. Access to Care: Patients need to know they can access care when needed, which involves factors like convenient locations, easy appointment scheduling, transportation, and timely access to specialists. Ensuring that patients can easily navigate these aspects of care reduces stress and ensures they get the services they need.

3 Most important:

1. **Respect for Patients' Values, Preferences, and Expressed Needs:** This is at the core of patient-centered care. If patients' values and preferences aren't respected, the rest of the care process becomes irrelevant. By treating patients as individuals and honoring their autonomy, trust is built, which enhances collaboration between the patient and healthcare providers.
2. **Coordination and Integration of Care:** Many patients feel vulnerable when they don't know what's happening next. When care is well-coordinated, it reduces confusion and enhances the patient's experience. It creates a sense of security and ensures that patients receive good healthcare.
3. **Emotional Support and Alleviation of Fear and Anxiety:** Fear and anxiety can often be hidden in the physical symptoms of illness and affect recovery. Providing emotional support isn't just about comforting patients, it's about addressing the deep concerns they have regarding their treatment, prognosis, and impact on their loved ones. Reducing these feelings leads to better mental and physical health outcomes.

Submit to Z-CH15 Dropbox by 0800, 2/27/2025.

In order to receive full credit (1H class time) for this assignment, it must be completed in its entirety by the due date/time assigned. Any assignment not completed in its entirety will result in missed class time.

<https://www.oneviewhealthcare.com/blog/the-eight-principles-of-patient-centered-care/>