

Firelands Regional Medical Center School of Nursing
Nursing Care Map

Student Name: Mallory Jamison **Date** 2/6/2025

Assessment Findings:

- 97% O2 on 2L NC
 - Upper dentures
 - Glasses
 - Pt reports feeling anxious
 - Difficulty coughing
 - Difficulty expectorating sputum
 - Wheezes
 - Nausea
 - Decreased appetite
 - Fall risk
 - Dyspnea at rest/exertion
 - Dry, nonproductive cough
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- Clubbed fingernails
 - Left arm bruising
 - Heart rate 56 bpm

Nursing Priorities: highlight the top nursing priority

1. Ineffective airway clearance
2. Impaired gas exchange
3. Hopelessness
4. Impaired swallowing

- Hypotension
- Tachycardia

Goal statement:

Patient will have improved gas exchange.

Interventions:

Lab Findings/ Diagnostics:

- * Platelets 454H
- * Glucose 117H
- * Creatinine 0.54L
- * Monocytes 15H (Venes, D. 2021)
- * B Natriuretic Peptide 146H
- * D Dimer 301H
- * Influenza A +
- * 1/29/25 CXR: COPD changes of right middle lobe airspace disease
- * Thrombocytosis
- * Sputum + for yeast

Risk Factors:

- * COPD
- * Former smoker
- * No flu vaccine
- * Marijuana gummy use
- * Emphysema
- * Recovering drinker
- * High cholesterol
- * Pancreatitis
- * Bipolar I Disorder
- * History of a seizure
- * Risk for loneliness
- * Age 66

Potential complications for the top priority:

1. Aspiration
 - Voice changes
 - Lung crackles
 - Coughing
2. Pneumonia
 - Fever
 - Chest pain
 - Shortness of breath
3. Sepsis
 - Tachypnea

1. **Assess vital signs Q4H PRN**
Rationale: To establish whether patient is at baseline
 2. **Assess respiratory system Q4H PRN**
Rationale: To monitor for improvement/worsening of airway clearance
 3. **Assess nutritional status Q4H PRN**
Rationale: To refrain from malnutrition and ensure appetite stays within normal limits
 4. **Assess pain Q4H PRN**
Rationale: To determine need for pain medication
 5. **Implement droplet precautions AAT**
Rationale: To prevent spread of Influenza A
 6. **Implement aspiration precautions AAT**
Rationale: To protect patient from aspirating on secretions
 7. **Collaborate with RT on patient care AAT**
Rationale: To get closer respiratory status monitoring and administration of Ipratropium/Albuterol DuoNeb 0.5-3mg 3mL Inhaled
 8. **Collaborate with pulmonologist AAT**
Rationale: To determine need for further laboratory/diagnostic testing and/or procedures and when patient is well enough to be discharged
 9. **Administer GuaiFENesin LA (Humibid) 1200mg PO, Setraline (Zoloft) PO 50mg, Ondansetron (Zofran) 4mg IV push and Oseltamivir Phosphate (Tamiflu) 75mg PO according to meds' schedule**
Rationale: For treatment of ineffective airway clearance with relation to Influenza A and relief of anxiety
 10. **Monitor labs, cultures, and diagnostics AAT**
Rationale: To look for new results indicating condition improval/worsening
 11. **Send a follow up Flu culture prior to discharge**
Rationale: To ensure successful treatment of Influenza A
 12. **Educate on coughing and deep breathing BID**
Rationale: To promote airway clearance for more effective breathing
 13. **Educate on Incentive Spirometry use BID**
Rationale: To promote airway clearance and shortness of breath relief
- Evaluation of top priority:**
- 100% O2 2L NC
 - Anxiety improved
 - No reports of difficulty coughing
 - Minimal sputum production
 - Wheezes
 - Appetite WNL
 - No dyspnea at rest/mildly on exertion
 - Minimally productive cough

- Clubbed fingernails
- Labs unchanged
- 2/3/25 CXR No acute lung process, pleural effusion, or pneumothorax. Hyperinflation
- Sputum + for yeast

Continue plan of care.

Reference:

Venes, D. (2021). *Taber's cyclopedic medical dictionary* (24th ed). F. A. Davis Company:
Skyscape Medpresso, Inc.