

Firelands Regional Medical Center School of Nursing  
Nursing Care Map

Student Name: Mallory Jamison Date 2/6/2025

**Assessment Findings:**

- 97% O2 on 2L NC
  - Upper dentures
  - Glasses
  - Pt reports feeling anxious
  - Difficulty coughing
  - Difficulty expectorating sputum
  - Wheezes
  - Nausea
  - Decreased appetite
  - Fall risk
  - Dyspnea at rest/exertion
  - Dry, nonproductive cough
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- Clubbed fingernails
  - Left arm bruising
  - Heart rate 56 bpm

**Nursing Priorities:** highlight the top nursing priority

1. Ineffective airway clearance
2. Impaired gas exchange
3. Hopelessness
4. Impaired swallowing

- Hypotension
- Tachycardia

**Goal statement:**

Patient will have improved gas exchange.

**Interventions:**

**Lab Findings/ Diagnostics:**

- \* Platelets 454H
- \* Glucose 117H
- \* Creatinine 0.54L
- \* Monocytes 15H (Venes, D. 2021)
- \* B Natriuretic Peptide 146H
- \* D Dimer 301H
- \* Influenza A +
- \* 1/29/25 CXR: COPD changes of right middle lobe airspace disease
- \* Thrombocytosis
- \* Sputum + for yeast

**Risk Factors:**

- \* COPD
- \* Former smoker
- \* No flu vaccine
- \* Marijuana gummy use
- \* Emphysema
- \* Recovering drinker
- \* High cholesterol
- \* Pancreatitis
- \* Bipolar I Disorder
- \* History of a seizure
- \* Risk for loneliness
- \* Age 66

**Potential complications for the top priority:**

1. Aspiration
  - Voice changes
  - Lung crackles
  - Coughing
2. Pneumonia
  - Fever
  - Chest pain
  - Shortness of breath
3. Sepsis
  - Tachypnea

1. **Assess vital signs Q4H PRN**  
Rationale: To establish whether patient is at baseline
  2. **Assess respiratory system Q4H PRN**  
Rationale: To monitor for improvement/worsening of airway clearance
  3. **Assess pain Q4H PRN**  
Rationale: To determine need for pain medication
  4. **Implement droplet precautions AAT**  
Rationale: To prevent spread of Influenza A
  5. **Implement aspiration precautions AAT**  
Rationale: To protect patient from aspirating on secretions
  6. **Collaborate with RT on patient care AAT**  
Rationale: To get closer respiratory status monitoring and administration of Ipratropium/Albuterol DuoNeb 0.5-3mg 3mL Inhaled
  7. **Collaborate with pulmonologist AAT**  
Rationale: To determine need for further laboratory/diagnostic testing and/or procedures and when patient is well enough to be discharged
  8. **Administer GuaiFENesin LA (Humibid) 1200mg PO, Setraline (Zoloft) PO 50mg, Ondansetron (Zofran) 4mg IV push and Oseltamivir Phosphate (Tamiflu) 75mg PO according to meds' schedule**  
Rationale: For treatment of ineffective airway clearance with relation to Influenza A and relief of anxiety
  9. **Monitor labs, cultures, and diagnostics AAT**  
Rationale: To look for new results indicating condition improval/worsening
  10. **Send a follow up Flu culture prior to discharge**  
Rationale: To ensure successful treatment of Influenza A
  11. **Educate on coughing and deep breathing BID**  
Rationale: To promote airway clearance for more effective breathing
  12. **Educate on Incentive Spirometry use BID**  
Rationale: To promote airway clearance and shortness of breath relief
- Evaluation of top priority:**
- 100% O2 2L NC
  - Anxiety improved
  - No reports of difficulty coughing
  - Minimal sputum production
  - Wheezes
  - Appetite WNL
  - No dyspnea at rest/mildly on exertion
  - Minimally productive cough
  - Clubbed fingernails
  - Labs unchanged

- 2/3/25 CXR No acute lung process, pleural effusion, or pneumothorax. Hyperinflation
- Sputum + for yeast

**Continue plan of care.**

**Reference:**

Venes, D. (2021). *Taber's cyclopedic medical dictionary* (24<sup>th</sup> ed). F. A. Davis Company:  
Skyscape Medpresso, Inc.