

Firelands Regional Medical Center School of Nursing  
Nursing Care Map

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Noticing/Recognizing Cues:

**\*Highlight all related/relevant data from the Noticing boxes that support the top priority problem\***

Assessment findings\*:

- RLE ulcers
- Non-pitting edema
- Numbness in toes
- Weakness/ Unsteady
- HTN (174/110)
- Pain 7/10 (full-body)

Lab findings/diagnostic tests\*:

- Lymph # 0.9
- Mono # 1.1
- Chloride 94
- CO2 38.7
- BUN 42
- Creatinine 1.91

Risk factors\*:

- COPD
- HTN
- CKD
- Obesity
- CHF
- 79 years old
- Hx PE

Interpreting/Analyzing Cues/  
Prioritizing Hypotheses/  
Generating Solutions:

Nursing priorities\* : **\*Highlight the top nursing priority problem\***

- Impaired skin integrity
- Decreased tissue perfusion
- Impaired mobility
- Low circulatory output

Goal Statement:

Wounds will be healed with skin intact by discharge

Potential complications for the top priority:

- Infection (elevated WBC count, fever, redness)
- Chronic non-healing wounds (extended healing time, open wounds, worsening of wound condition)
- Osteomyelitis (restricted movement of limb, abrupt onset of fever, fatigue (Doenges, M. E., Moorhouse, M. F., & Murr, A. C. 2022))

## Responding/Taking Actions:

### Nursing interventions for the top priority:

1. Assess v/s q4hr (0700, 1100, 1500, 1900, 2300, 0200)  
Rational: Assess for signs of infection (fever, elevated RR, elevated HR) and HTN
2. Assess wounds q8hr (0700, 1500, 2300, 0600, 1400)  
Rational: Assess for signs of infection (redness, swelling, purulent drainage) or worsening of wound condition
3. Assess Skin condition and capillary refill q4hr (0700, 1100, 1500, 1900, 2300, 0200)  
Rational: Assess for worsening skin condition or inadequate perfusion to tissues
4. Monitor lab values daily (0700, 0700)  
Rational: Look for signs of infection such as elevated WBC count
5. Turn and reposition q4hr (0700, 1100, 1500, 1900, 2300, 0200)  
Rational: Prevent skin break down or worsening of wound condition
6. Clean wounds q24hr (0700, 0700)  
Rational: Prevent infection and promote healing
7. Change wound dressing with 4x4s, polymem AG, and paper tape q24hr (0700, 0700)  
Rational: Prevent infection and promote healing
8. Administer Amoxicillin/ Clav 500-125mg 1 tab PO BID SCH (0700, 1900)  
Rational: Prevent/ treat infection and promote healing
9. Administer Apixaban 5mg PO BID SCH (0700, 1900)  
Rational: Promote adequate blood flow and tissue perfusion
10. Administer Gabapentin 300mg PO daily SCH (0700, 0700)  
Rational: Management of numbness in toes
11. Educate on the importance of health, intact skin as well as measures to maintain proper skin functioning (Doenges, M. E., Moorhouse, M. F., & Murr, A. C. 2022)  
Rational: Promote wellness

## Reflecting/Evaluate Outcomes:

### Evaluation of the top priority:

- RLE ulcers show no change in wound bed
- Non-pitting edema still present
- Numbness in toes still present
- Lymph count 0.9
- Mono count 1.1

Discontinue plan of care.

Reference: Doenges, M. E., Moorhouse, M. F., & Murr, A. C. (2022). *Nurses' pocket guide: Diagnoses, prioritized interventions, and rationales (16<sup>th</sup> ed)*. F. A. Davis Company: Skyscape Medpresso, Inc.