

Firelands Regional Medical Center School of Nursing
Nursing Care Map

Student Name _____

Date _____

Noticing/Recognizing Cues:

Highlight all related/relevant data from the Noticing boxes that support the top priority problem

Assessment findings*:

- Visual Hallucinations (e.g., Spins, Shadows, Shapes)
- Heart Palpitations
- Racing Heart
- Painful/Burning Urination
- Respiratory Rate – 24
- Lower Back Pain – 3/10
- Glucose (70 – 100): 186
- 15 Fall Score
- Pt wore Corrective Glasses

Lab findings/diagnostic tests*:

- Hgb (11.8 – 15.4): 11
- Hct (34 – 46.4): 33.5
- Na (136 – 145): 135
- K+ (3.5 – 5): 3.2
- BUN (7 – 25): 5
- Calcium (8.6 – 10.3): 8.4
- Mg (1.9 – 2.7): 1.6
- WBC (4.5 – 11): 18.1
- Neutrophils (1.8 – 7.7): 15.3
- Urinalysis:
 - Protein – 50
 - Ketones – 1+
 - Occult Blood – 2+
 - Leukocyte Esterase – 4+
 - RBC – 20-49
 - WBC – Innumerable
 - Bacteria – 4+

Risk factors*:

- 42 y/o
- Female
- Pyelonephritis
- Fall within < 6 Months
- Family Hx of Cancer
- Family Hx of MI
- Lactose Intolerant
- Kidney Stones
- Irregular Heartbeat
- GERD
- HTN
- Lithotripsy
- Ureter Stent
- Shoulder Sx
- Foot Sx
- UTI

Interpreting/Analyzing Cues/
Prioritizing Hypotheses/
Generating Solutions:

Nursing priorities*: ***Highlight the top nursing priority problem***

- UTI
- Risk for Fall
- Impaired Visual Sensory Perception

Goal Statement: "Pt will remain free from Infections"

Potential complications for the top priority:

Sepsis:

- Urinary Retention
- Urinary Incontinence
- Urinary Tract Infection
- Sensory Motor Impairment

Fall:

- Hallucination
- Disorientation
- Altered Balance
- Altered Visual Acuity

Respiratory Distress:

- Cyanosis
- Hypoxemia
- Hyper/Hypo Ventilation
- Use of Accessory Muscles/Nasal Flaring

Responding/Taking

Nursing interventions for the top priority:

Assess Vitals Q4H (BP/Pulse/Respiratory Rate/Pulse Oximetry)
Rationale: To ensure Pt isn't experiencing Cardiac/Respiratory Distress

Assess Pain Q2-4H
Rationale: To ensure Pt remains free from pain

Assess Cognition Q2-4H
Rationale: To ensure Pt Alert and Oriented x4

Assess Behaviors indicating Cognitive Decline/Impairment (e.g., Irritability, Altered Attention/Mood, Anxiety, Amnesia)
Rationale: to identify potential Delirium, providing baseline level of care needed, and influencing choice of interventions

Assess Behaviors indicating Cardiac Distress (e.g., Heart Palpitations, SOB, Anxiety, Chest Pain, Weakness)
Rationale: to identify potential Cardiac Problems, providing baseline level of care needed, and influencing choice of interventions

Assess Behaviors indicating Respiratory Distress (e.g., Wide-Eyed, Irritability, Restless) as well as LOC/Cognition and Ability to Protect Airway
Rationale: To identify potential Airway Problems, providing baseline level of care needed, and influencing choice of interventions

Administer Metoprolol 25 mg PO QDaily
Rationale: To Tx and Reduce s/s of HTN, MI's, Arrhythmias, and Anxiety

Administer Pantoprazole 40 mg PO QDaily
Rationale: To Tx and Reduce s/s of GERD, Esophagitis, and Acidic Gastric pH

Administer Enoxaparin 40 mg SQ QDaily
Rationale: To Tx and Reduce s/s of DVT's and PE's

Administer Vancomycin 1g/250 mL IV until infection resolves
Rationale: To Treat and Reduce s/s of Infection

Administer Meropenem 1g/20 mL IV Push until infection resolves
Rationale: To Treat and Reduce s/s of Infection

(Hagler, 2022)

Reflecting/Evaluate

Evaluation of the top priority:

Pt Resp Rate – 22
Pt remained free from Falls
Pt stated “3/10 Low Back Pain”
Pt reported Racing Heart has subsided
Pt reported Hallucinations have subsided
Pt reported Heart Palpitations have subsided
Pt reported Painful/Burning Urination subsided
Pt engaged in their established care plan to remain free from Infections
Neutrophils remained unchanged
Urinalysis remained unchanged
WBC remained unchanged
BUN remained unchanged
Mg remained unchanged
Educate on s/s of UTI's
Educate on s/s of MI's
Educate on Falls

Continue Plan of Care

Reference: Skyscape. Skyscape Medpresso inc. (n.d.-b). <https://www.skyscape.com/>; Hagler, M.M.H.J.K. D. (2022). *Lewis's Medical-Surgical Nursing: Assessment and Management of Clinical Problems (12th ed.)*. Elsevier - Evolve. <https://fadavisreader.vitalsource.com/books/9780323792332>