

Medical Surgical Nursing 2025

Erie County Senior Center Activity Proposal

Directions: Please answer the following questions, typing your response in the space provided. This document is due in the dropbox labeled ECSC Activity Proposal by **Friday 1/17/2025** by 1500.

1. Please list names of each person in the clinical group.

Malone Phillips, Michelle Porcher, and Jordan Lugtig

2. What activity will you be leading while at the Erie County Senior Center? Give a **detailed outline** of your activity, and explain how you plan on running your activity?

The activity that we will be leading is a game we call, "Throw a Puck for a Prize". After answering a trivia question correctly, the client will have a chance to attempt to throw a puck and land in a square with a prize within it. There is a possibility for the prizes to include items such as activity books (crossword puzzles, coloring books), hats/gloves, tissues, food/drinks, board games, decorations, art utensils (colored pencils/markers), and more.

3. How will this activity benefit the clients?

This activity would not only promote mobility by throwing the puck but also would allow the clients to use their memory and cognitive abilities to answer the trivia questions. The prizes that the clients will have a chance to win can be both useful and entertaining for the clients. The thought process behind this activity was to encourage communication while exercising the brain, friendly competition, and an opportunity to learn from others. The meaning behind the prizes were to bring joy to the clients faces when they receive a gift that they either wanted or needed, such as a warm winter hat and gloves for the cold weather or a crossword puzzle to complete in their free time.

4. Describe the anticipated level of participation, any declines in functional ability and what you plan to adapt to these needs.

To adapt the needs of clients who have any declines, we will have prepared both easier and harder levels of trivia questions to be answered. For those who experience struggles in throwing the puck, there will be alternate options available to accommodate their needs. Possible examples include kicking a ball, throwing a more lightweight item, or hitting a balloon into the designated square with the prize.

The link to the video further explaining how the activity is conducted:

<https://www.tiktok.com/t/ZTYoXRNq4/>