

Medical Surgical Nursing 2025

Erie County Senior Center Activity Proposal

Directions: Please answer the following questions, typing your response in the space provided. This document is due in the dropbox labeled ECSC Activity Proposal by **Friday 1/17/2025** by 1500.

1. Please list names of each person in the clinical group. Abby McNulty, Brittany Rodisel, and Nevaeh Walton

2. What activity will you be leading while at the Erie County Senior Center? Give a **detailed outline** of your activity, and explain how you plan on running your activity? We will be frosting/decorating cookies and doing crosswords with the seniors. Each of us will distribute cookies to the seniors and we will assist them with the frosting and decorating. After we are done with the cookies if time remains, we will do crossword puzzles with the seniors.

3. How will this activity benefit the clients? Decorating the cookies will allow the seniors to use their creativity skills in order to personalize their cookie and they get to enjoy a delicious treat while still helping with their motor skills. Doing crosswords would encourage the seniors to use their brain which would help their cognitive skills and practice their writing skills.

4. Describe the anticipated level of participation, any declines in functional ability and what you plan to adapt to these needs. There may be some seniors who have declines in their functional ability that could affect them to participate in these activities. However, we are willing to work with the seniors and make any modifications that are needed for anyone having trouble. We are there to assist the seniors in any way possible we can.