

Women's Health Diagnosis

Polycystic Ovary Syndrome

- A common hormonal condition in reproductive aged women. May also involve a combination of genetic and environmental factors. The main characteristic of this syndrome is enlarged ovaries with cysts on the outer edges.

Risk factors:

Insulin Resistance
Family History
Environmental Pollutants

Signs/Symptoms:

Irregular Menstruation
Infertility
Hair Changes

Diagnostic Studies:

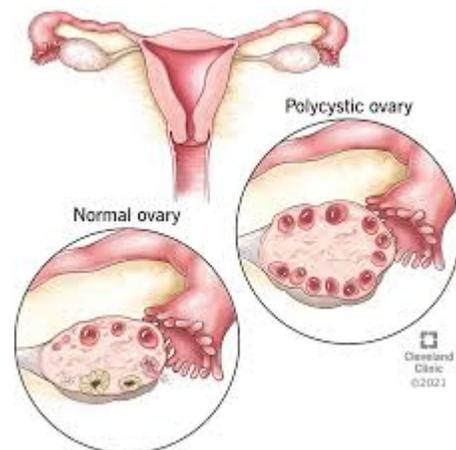
Blood Tests
Ultrasound Scan
Physical Exam

Preventative Measures:

“There’s no proven way to prevent PCOS, but you can take small steps to reduce your symptoms” (CC, 2022)
There is testing for the diagnosis of this syndrome but not in the prevention of it.

Treatment Options:

Fertility Medications
Anti-Androgen Medications
Hormonal Birth Control



References: Mayo Foundation for Medical Education and Research. (2022, September 8).

Polycystic ovary syndrome (PCOS). Mayo Clinic.

<https://www.mayoclinic.org/diseases-conditions/pcos/diagnosis-treatment/drc-20353443>

PCOS (polycystic ovary syndrome): Symptoms & treatment. Cleveland Clinic. (2024, May 1).

<https://my.clevelandclinic.org/health/diseases/8316-polycystic-ovary-syndrome-pcos>

