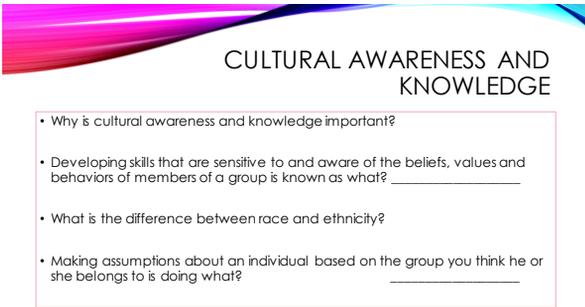




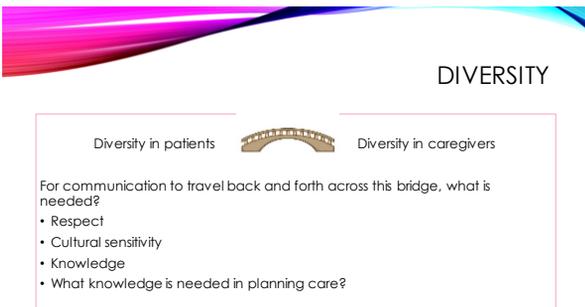
CULTURE

Chapter 2
Linnard-Palmer & Coats



CULTURAL AWARENESS AND KNOWLEDGE

- Why is cultural awareness and knowledge important?
- Developing skills that are sensitive to and aware of the beliefs, values and behaviors of members of a group is known as what? _____
- What is the difference between race and ethnicity?
- Making assumptions about an individual based on the group you think he or she belongs to is doing what? _____



DIVERSITY

Diversity in patients



Diversity in caregivers

For communication to travel back and forth across this bridge, what is needed?

- Respect
- Cultural sensitivity
- Knowledge
- What knowledge is needed in planning care?

HEALTH CARE QUALITY AND DISPARITIES

• **Healthcare quality** is measured on many dimensions which include:

- Effectiveness
- Patient safety
- Timeliness
- Patient centeredness
- Care coordination
- Access



HEALTH CARE QUALITY AND DISPARITIES

• List what constitutes the **Social Determinants of Health (SDH)**:

- As a nurse why are these important to recognize and understand?
- How do you believe SDH affect health outcomes?

SOCIAL DETERMINANTS OF HEALTH



HEALTH CARE QUALITY AND DISPARITIES

- When discussing treatment options and making informed decisions, minority groups report poor communication with both nurses and doctors
- Compared to all ethnic groups, which group is the least likely to have health insurance? _____
- Read box 2.1 What does the information you have read so far mean to you as a nurse?



WORLDVIEW

- Being aware of your own bias as a nurse is important when providing care
- Skills such as effective listening and openness and APPRECIATION for differences are key in providing quality care to diverse patients
- You must have an understanding of your **worldview**—what does that mean?



WORLDVIEW

- Social Factors that Influence Worldview***
- Broad assessment:
- Cultural beliefs
 - Traditions
 - Practices, rituals
- This is individualized; take time to explore the patient and his or her needs



WORLDVIEW

Environmental Views that Influence Worldview*

Assessment:

- Past and present environment
 - Why?
 - Understanding the patient's physical and emotional environment can paint a picture of health status and function
 - Can guide follow-up, discharge education, disease promotion and prevention



WORLDVIEW

Economic Factors that Influence Worldview*

Assessment:

- Financial resources
- Health insurance
- Care access
- Identify care gaps



WORLDVIEW

Political Factors that Influence Worldview

Assessment:

- Political forces that influence healthcare
- Policies
- Is there full access to programs



WORLDVIEW

Migrational Factors that Influence Worldview*
Assessment:

- Determine if the migration has affected the patient's health status and function
- Physical, emotional conditions during the migration
- Exposure to disease



CULTURALLY APPROPRIATE ASSESSMENT

A culturally appropriate assessment takes into consideration the following factors:

- Social
- Economic
- Physical
- Environmental
- Political
- Migrational

• These were all discussed on the previous slides



CULTURALLY APPROPRIATE ASSESSMENT

- When assessing the patient, keep in mind the responses by the patient may be influenced by a variety of factors such as:
 - The illness
 - The stress on the patient and the family system
 - Conception of health
 - Different thoughts on what his or her signs and symptoms mean
 - Interpretation and experience of illness may be bound to culture
- What does the term biocultural variation mean?



NATIONAL STANDARDS

- 2018 the U.S. Department of Health and Human Services Office of Minority Health proposed 15 national standards on culturally and linguistically appropriate services known as the National Standards for Culturally and Linguistically Appropriate Services in Health Care (CLAS)
- This is for health care organizations and providers
- Created to provide structure and a framework to best serve culturally diverse communities



KEY POINTS

- Be aware of being culturally aware
- Understand your community.
 - In other words, what ethnicities and diversities live among you?
 - What are the SDH that those around you are facing?
 - Is there preventative care?
 - Is there access?
 - What challenges does your community face?
 - How can you be a part of the solution and not part of the problem?
