Unit 8
ON-LINE CONTENT

Review the article on the 2023 updates to the Beers list. For purposes of this assignment, focus on the charts inside the article to answer the questions. Place your answers to the following questions in the Unit 8 Dropbox by 0800 on July 15, 2024.

In order to receive full credit for your time for this assignment, it must be completed in its entirety by the due date/time assigned. Any assignment not completed in its entirety will result in missed theory time.

1. After reviewing the medications on the Beers List, choose three medications that surprised you they were on the list and discuss why?
    1. I thought that seeing insulin, ibuprofen, and aspirin being on the BEER's list was very surprising. I say this because these medications are so commonly used by so many people, so you would think that they would not be included on this list. Considering that these medications could possibly have more negative than positive effects, it is kind of frightening because I am someone who will take an ibuprofen if I have a headache or any other type of pain. I also know of family and friends who need insulin and aspirin and that it also scary that it may be doing more ham to them than good.

2. Are there any medications that are not on the list that you think should be added? If so which medications and why?
    1. I personally think that all anti-depressants should be on the BEER's list. I think this because all of those medications can have really adverse effects for the people who need them including suicide. Especially for the elderly population because they are more at risk to experience depression it would also help to make sure they are avoiding any medications that could cause them severe harm.

3. When reviewing the section listing the medications that have been removed from the list on page 24, do any of the medications surprise you? If so, which one(s) and why?
    1. I did not think that it was surprising that the medications we do not have here in the United States were taken off because if we do not provide them here, then there really is no reason for them to be on the BEER's list. However, I do think that the medications that just have a low use should not have been taken off because there are some people out there who do take that medication, and the information provided could potentially be very useful to them.

4. Think back to the patients you cared for over the past year on clinical. What medications have you administered that are on the Beers list?
    1. I have definitely administered insulin, aspirin, warfarin, and a decent amount of the others on the BEER's list. I have also administered olanzapine, phenobarbital, and some PPI's as well.

5. Have you noticed any of the patients experiencing side effects associated with the medications you administered that were on the Beers list? If so, what were they?
    1. I personally have not experienced any patient having the side effects associated with any medications I have given olanzapine to a patient and she later was experiencing heart palpitation, but we concluded that they were not from the medication.