

Unit 8  
ON-LINE CONTENT

Review the article on the 2023 updates to the Beers list. For purposes of this assignment, focus on the charts inside the article to answer the questions. Place your answers to the following questions in the Unit 8 Dropbox by 0800 on July 15, 2024.

*In order to receive full credit for your time for this assignment, it must be completed in its entirety by the due date/time assigned. Any assignment not completed in its entirety will result in missed theory time.*

1. After reviewing the medications on the Beers List, choose three medications that surprised you they were on the list and discuss why?

Three medications that surprised me were, Metformin because you can develop lactic acidosis which can be fatal and even if you have mild symptoms you need to get emergency help. Levothyroxine because too little of levothyroxine can cause your body to have too little of the thyroid hormone which can cause irregular heart rhythm, shortness of breath, and swelling. Lisinopril because it can cause faint, symptoms of high potassium, slow/irregular heartbeat, signs of infection, and change in amount of urine, it also can cause possibly fatal liver problems.

2. Are there any medications that are not on the list that you think should be added? If so which medications and why?

I feel like Non-Steroidal Anti-Inflammatory Drugs (NSAIDS) like ibuprofen should be added because so many people take this drug and do not know the potential serious side effects. In older adults they are higher at risk for these complications due to age related changes in renal function. The use of this drug in higher doses should be carefully monitored in older adults.

3. When reviewing the section listing the medications that have been removed from the list on page 24, do any of the medications surprise you? If so, which one(s) and why?

Yes, Pentobarbital Surprises me because side effects include loss of balance/coordination, drowsiness, insomnia, dizziness. These are all side effects that could cause the client to fall or get in a car accident when driving or at work. These side effects should be carefully monitored before going to work, driving or any activity.

4. Think back to the patients you cared for over the past year on clinical. What medications have you administered that are on the Beers list?

Some medications I've administered Aspirin, Carbamazepine, Gabapentin, Oxycodone, Warfarin, and an antidepressant but I am not sure which medication I administered.

5. Have you noticed any of the patients experiencing side effects associated with the medications you administered that were on the Beers list? If so, what were they?

I was caring for a patient on Aspirin and was taking it every day, he came in with a GI bleed. He had abdominal pain and black tarry stool. Aspirin induced damage to the GI tract can cause bleeding in those with risk factors including over the age of 70 or a history of peptic ulcer disease.