

**Psychiatric Nursing
Live Simulation
Reflection Journal Directions:**

Directions: After completing your simulation, provide in-depth, thorough answers to each of the following questions. Answers should be added directly into this document. Your reflection journal should be a minimum of 500 words (not including the questions). Submit your journal to the appropriate dropbox (Simulation Reflection Journal).

Responding:

Discuss one thing you noticed, how you interpreted it, and how you responded. (Ex. I noticed the patient was grimacing. I interpreted this to mean my patient was experiencing pain. I responded with a thorough pain assessment, use of guided imagery, and administered acetaminophen 650mg orally.) Do you feel your response was appropriate? Explain.

Describe your communication with your patient; was it therapeutic and professional? Provide one example of how you connected with your patient.

Discuss one example of your communication that could use improvement. What did you say? How would you reword this statement? Be Specific.

Provide an example of collaborative communication you utilized within the scenario (consider interactions with your student nurse partner as well as members of the interdisciplinary team such as lab, the healthcare provider, surgery, PT/OT, radiology, etc.).

Reflecting:

Describe one teaching need that you identified or implemented. What was the patient's response to that teaching need?

How did your expectations change as the simulation progressed? How did you adjust your nursing care to these new expectations?

Write a detailed narrative nurse's note based on your role in the scenario.

NURSING NOTE	
Date	

Reflect on opportunities for improvement. Based on your performance, what steps will you take to help improve your clinical practice in the future?

Use a meme or a word to describe how you felt before, during, and after the simulation scenario (one meme or word for each phase). Why did you choose these pictures or words? Explain.