

# Schizophrenia Activity

## Psychiatric Nursing 2024

Chapter objectives:

1. Discuss conceptualization of schizophrenia and other psychotic disorders. (1,2)
2. Identify symptomatology associated with these disorders and use this information in patient assessment. (1,7)
3. Describe relevant criteria for evaluating nursing care of patients with schizophrenia and other psychotic disorders. (1,2,7)
4. Describe appropriate nursing interventions for behaviors associated with schizophrenia. (1,6,7)

\*Course Objectives

Directions:

Please complete the following activity and turn it into the appropriate dropbox on Edvance360. This assignment is due at **0800 on Monday, June 24<sup>th</sup>**.

This reflection assignment should be a minimum of 500 words and is worth 1 hour of online content. In order to receive full credit for this assignment, it must be completed in its entirety by the due date/time assigned. Any assignment not completed in its entirety will result in missed theory time and must be made up.

The activity is an audio representation of auditory hallucinations to obtain a greater appreciation for patients who experience these false sensory perceptions on a regular basis. To truly appreciate and understand the video clip, please use ear buds or headphones for this activity and listen to the YouTube clip that is posted below. The clip is 3:38 minutes in length; try to listen as long as you can. The sounds may be distressing to you, so if you choose not to listen at all or only for a brief moment, that is fine but, after you listen you will have a greater understanding of what patients with auditory hallucinations experience.

While you are listening, try to complete the word search that is provided (see next page). The goal is to attempt to perform other tasks while the “voices in your head” are speaking to you. You are not expected to submit the word search; but please answer the following questions in reflection of the activity.

<https://www.youtube.com/watch?v=0vvU-Ajwbok>

1. Discuss your feelings while listening to the video. How did it impact your focus on the activity? Were you distracted?

The sound clip was an eye opening experience as I was unaware of how the mind of a hallucinating, schizophrenic patient might sound. The clip was honestly quite aggravating while I was trying to complete the word search. Many voices ran through my ears in addition to my own personal thoughts. It definitely impacted my focus on completing the activity as I found it hard to think. I ended up quitting the word search and just took the time to listen to the sound clip as a learning experience. I better empathize with patients who experience these type of hallucinations as it must greatly impact what they can accomplish in their lives.

2. What did you hear? Was there more than one voice? Was it loud or quiet? What was being said?

This sound clip was put together very well. I heard multiple different voices during the sound clip; some of the voices were loud while others were very quiet like a whisper. In addition, I was hearing the different voices in each of my ears. I particularly noticed the voice repeating "you're stupid." I also noticed that one of the voices taking sounded like someone the person may know; as if something that person had once said to them was being repeated in their mind. I could not make out the words of some of the voices, however, they did cause an annoying humming in my ear that made me feel uncomfortable.

3. How long were you able to listen to the video while completing the word search? Why did you stop listening?

I listened to the whole clip, mostly out of curiosity, however, I quit the word search about halfway through because it was too annoying to continue on with the voices. It was quite difficult to focus on the word search because too much was going on inside my head. This makes me better understand how a patient would have to function in their daily lives. I continued listening through the whole clip as I was interested in how or if the voices would change. I found out that some of the voices repeated throughout the clip and some occurred only once.

4. How does this change how you will care for a schizophrenic patient?

This activity has changed the way I will care for schizophrenic patients in a positive way. I was unaware of how auditory hallucinations can affect a person, but now having a small insight, I better understand how debilitating this can be. It is interesting to know that some patient I may interact with could be going through something very similar to the sound clip. This activity provided me with more empathy for the schizophrenic patients. I believe I will have more patience with these individuals and fight any stereotypes I may potentially having with this disorder.

5. Discuss how your communication or attitudes will change towards a schizophrenic patient after this activity.

This activity was a great learning experience and example of the type of symptoms a schizophrenic patient can experience. I will utilize what I have learned to improve my nursing process. I believe I will be able to better assess a patient's hallucinations now that I understand how these voices sound for them. I can ask them questions such as "Are you hearing voices?" "How many?" "What are they saying?" Answers to these questions will direct their care. I also think that this has helped with any stereotypes I may have had which will allow me to give them the quality nursing care they deserve.

# Schizophrenia

K K U C Z V M C C M Z T U G M F D  
Z L A T D F I A Z O Y C Z X D S A  
F S P N U Y T G D C G E B I E W L  
P E O P I A S I Q O A F T Q T V A  
I D D V T W N S B I P F I H T H S  
L E J O A D O F T J A A R W Y P D  
Z Z N H Y I I W U F A T M P S L R  
I I U O Q O S M B B S A I I J J O  
A N J H R N U B G Z I L A C N T W  
V A F E L A L X Z N Y F U M L E Y  
S G S R H R E V I T I S O P C V X  
E R P M Q A D N B I Q Q Z U E P K  
N O S V W P U C F U F I I O W Y W  
S S N H A L L U C I N A T I O N S  
O I Y G M G Q H U G G P A M Z L Y  
R D F A L S E B E L I E F S R D W  
Y T B N J G E N E T I C S E Y X O

**Catatonia**  
**Dopamine**  
**Genetics**  
**Positive**

**Delusions**  
**False beliefs**  
**Hallucinations**  
**Sensory**

**Disorganized**  
**Flat Affect**  
**Paranoid**  
**Word Salad**