

Schizophrenia Activity

Psychiatric Nursing 2024

Chapter objectives:

1. Discuss conceptualization of schizophrenia and other psychotic disorders. (1,2)
2. Identify symptomatology associated with these disorders and use this information in patient assessment. (1,7)
3. Describe relevant criteria for evaluating nursing care of patients with schizophrenia and other psychotic disorders. (1,2,7)
4. Describe appropriate nursing interventions for behaviors associated with schizophrenia. (1,6,7)

*Course Objectives

Directions:

Please complete the following activity and turn it into the appropriate dropbox on Edvance360. This assignment is due at **0800 on Monday, June 24th**.

This reflection assignment should be a minimum of 500 words and is worth 1 hour of online content. In order to receive full credit for this assignment, it must be completed in its entirety by the due date/time assigned. Any assignment not completed in its entirety will result in missed theory time and must be made up.

The activity is an audio representation of auditory hallucinations to obtain a greater appreciation for patients who experience these false sensory perceptions on a regular basis. To truly appreciate and understand the video clip, please use ear buds or headphones for this activity and listen to the YouTube clip that is posted below. The clip is 3:38 minutes in length; try to listen as long as you can. The sounds may be distressing to you, so if you choose not to listen at all or only for a brief moment, that is fine but, after you listen you will have a greater understanding of what patients with auditory hallucinations experience.

While you are listening, try to complete the word search that is provided (see next page). The goal is to attempt to perform other tasks while the “voices in your head” are speaking to you. You are not expected to submit the word search; but please answer the following questions in reflection of the activity.

<https://www.youtube.com/watch?v=0vvU-Ajwbok>

1. Discuss your feelings while listening to the video. How did it impact your focus on the activity? Were you distracted?
2. What did you hear? Was there more than one voice? Was it loud or quiet? What was being said?
3. How long were you able to listen to the video while completing the word search? Why did you stop listening?
4. How does this change how you will care for a schizophrenic patient?
5. Discuss how your communication or attitudes will change towards a schizophrenic patient after this activity.

While listening to this video I felt extremely overstimulated and anxious. It was kind of disturbing to listen to this, especially doing it with headphones on full volume. Doing this made it really seem like the voices actually were in my head. I honestly don't really know how to feel about it. I think I would be extremely uncomfortable having to hear that for longer periods of time than just this short video. It made it more difficult to complete the word search because I was getting distracted by the voices and could not concentrate very effectively on finding the word I was looking for. I get distracted easily in general already, but this was a completely different type of distraction. The anxious and uneasy feeling I got from what was being said by the voices made it even harder to focus on the task at hand than if the voices were just people and children talking about various things around me while I was trying to complete the task. I usually can complete word searches quickly without distractions or even with some distractions like conversations and background noises but trying to do it while listening to this video made it take longer for me to find the words. I heard multiple voices both male and female voices. Some of them were loud and some were whispering. Some of them sounded ominous and dangerous. You could tell that they were speaking with the intent to cause harm. I heard many things being said, like "she knows", "you're so stupid", "you're disgusting", "jump in front of the car", "do it", "don't do it", "I can see you" and other things. I listened to the entire video while trying to do the word search. I made it through the entire video. I think I made it through because I was focusing so hard on trying to find the words, I was trying to ignore the voices and didn't realize I had made it through the entire video until it stopped. I think this will help me be more understanding when it comes to caring for patients with schizophrenia because now, I have a bit more of an idea of what it is like for them, so I think this has made it so that I can see things from their point of view and realize how hard it is for them to concentrate or remember what they are supposed to be doing or focusing on having a conversation because it is very difficult to do when you are hearing voices. My attitude and communication with schizophrenic patients will change because now I know that there is a need for me to have more patience when it comes to dealing with schizophrenic patients. I will need to be more compassionate. These patients are having a hard enough time as it is with everything. The last thing they need is their nurse who is supposed to be helping them to make it harder for them.

Schizophrenia

K K U C Z V M C M Z T U G M F
Z L A T D F I Z O Y Z X D S
F S P N U Y G D C G B I E W
P E O P I S I Q A T Q T V
I P D V S B I I H T H
L J A F T J A R W Y P
Z H Y W U F A P S L
I U O Q M B B S I J J
J H R B G Z I A C T L
V F E L X Z N Y U M L Y
S R H R V L S C V X
P M Q A N B I Q Q Z U E P K
S V W P U C F U F I I O W Y W
N H L E T L S R D W
Y G M G Q H U G G P A M Z L Y
T B N J C L E T S E Y X O

Caution
Positive
Genetic
Positive

Delusions
Hallucinations
Hallucinations
Sensory

Disorganized
Disorganized
Disorganized
Word Salad