

Schizophrenia Activity

Psychiatric Nursing 2024

Chapter objectives:

1. Discuss conceptualization of schizophrenia and other psychotic disorders. (1,2)
2. Identify symptomatology associated with these disorders and use this information in patient assessment. (1,7)
3. Describe relevant criteria for evaluating nursing care of patients with schizophrenia and other psychotic disorders. (1,2,7)
4. Describe appropriate nursing interventions for behaviors associated with schizophrenia. (1,6,7)

*Course Objectives

Directions:

Please complete the following activity and turn it into the appropriate dropbox on Edvance360. This assignment is due at **0800 on Monday, June 24th**.

This reflection assignment should be a minimum of 500 words and is worth 1 hour of online content. In order to receive full credit for this assignment, it must be completed in its entirety by the due date/time assigned. Any assignment not completed in its entirety will result in missed theory time and must be made up.

The activity is an audio representation of auditory hallucinations to obtain a greater appreciation for patients who experience these false sensory perceptions on a regular basis. To truly appreciate and understand the video clip, please use ear buds or headphones for this activity and listen to the YouTube clip that is posted below. The clip is 3:38 minutes in length; try to listen as long as you can. The sounds may be distressing to you, so if you choose not to listen at all or only for a brief moment, that is fine but, after you listen you will have a greater understanding of what patients with auditory hallucinations experience.

While you are listening, try to complete the word search that is provided (see next page). The goal is to attempt to perform other tasks while the “voices in your head” are speaking to you. You are not expected to submit the word search; but please answer the following questions in reflection of the activity.

<https://www.youtube.com/watch?v=0vvU-Ajwbok>

1. Discuss your feelings while listening to the video. How did it impact your focus on the activity? Were you distracted?

My feelings while listening to the video were very uneasy as soon as the video started. I felt very over stimulated with everything going and tried working on the word search but could only get a couple because of how distracting all the voices were with trying to focus on one task at hand. I could not imagine this being something on the daily for someone that has schizophrenia I feel very bad for them, and it opened a greater understanding in regard to why they act at times the way they do because one isn't able to actually hear and deal with everything that I heard.

2. What did you hear? Was there more than one voice? Was it loud or quiet? What was being said?

What I was able to hear was someone saying “stupid”, “do it or wait don’t do it”. It sounded like they were some kind of commercial as well that kept repeating it’s statement over and over again. There was multiple voices throughout the video that just made everything more distracting because they often times overlapped each other so that made it hard for one to understand what they were saying. At the same time the voices progressively kept getting quiet and loud so it fluctuated a lot and had different voices such as male and female.

3. How long were you able to listen to the video while completing the word search? Why did you stop listening?

I was only able to listen to the video up until 2:06 minutes long until I had to stop and that would be because I felt very distracted with trying to look at the words and do the word search at the same time. I am used to working on stuff while I listen to music so I thought that this wouldn’t be a problem but in comparison that is more soothing than the audio it was very early and disturbing.

4. How does this change how you will care for a schizophrenic patient?

The video changed how I will care for a schizophrenic patient for starters being more patient with them because of the way the video was so distracting and just very scary in a way that I could shut the video off when I wanted to put these are things that these patients have to go through on a daily basis that they cannot get away from. I will try and lower the stimuli in the room for them since it can increase anxiety for them and make them react in a way they don’t want to because of all the little extra stimuli that one can avoid for them. One will be more empathetic on how they feel and I know as a nurse one must do that already but the video provided a greater understanding for them and try and give the patients time and provide a safe environment for them even if the voices they may hear is telling them otherwise.

5. Discuss how your communication or attitudes will change towards a schizophrenic patient after this activity.

In regards to communication with a schizophrenic patient I will attempt to time interventions when the patient is not over stimulated at the time that will make them feel uncomfortable when providing care. I will try to provide a calm environment when trying to educate the patient to try to help them adhere to the information given to them without any worry if they are in danger or not. I will frequently try and make sure my patient is safe with schizophrenia because with the voices commanding the patient on what to do they could tell them to hurt themselves which puts them in danger therefore making them go under direct supervision to make sure they are safe.

- 6.

Schizophrenia

K K U C Z V M C C M Z T U G M F D
Z L A T D F I A Z O Y C Z X D S A
F S P N U Y T G D C G E B I E W L
P E O P I A S I Q O A F T Q T V A
I D D V T W N S B I P F I H T H S
L E J O A D O F T J A A R W Y P D
Z Z N H Y I I W U F A T M P S L R
I I U O Q O S M B B S A I I J J O
A N J H R N U B G Z I L A C N T W
V A F E L A L X Z N Y F U M L E Y
S G S R H R E V I T I S O P C V X
E R P M Q A D N B I Q Q Z U E P K
N O S V W P U C F U F I I O W Y W
S S N H A L L U C I N A T I O N S
O I Y G M G Q H U G G P A M Z L Y
R D F A L S E B E L I E F S R D W
Y T B N J G E N E T I C S E Y X O

Catatonia
Dopamine
Genetics
Positive

Delusions
False beliefs
Hallucinations
Sensory

Disorganized
Flat Affect
Paranoid
Word Salad