

Schizophrenia Activity

Psychiatric Nursing 2024

Chapter objectives:

1. Discuss conceptualization of schizophrenia and other psychotic disorders. (1,2)
2. Identify symptomatology associated with these disorders and use this information in patient assessment. (1,7)
3. Describe relevant criteria for evaluating nursing care of patients with schizophrenia and other psychotic disorders. (1,2,7)
4. Describe appropriate nursing interventions for behaviors associated with schizophrenia. (1,6,7)

*Course Objectives

Directions:

Please complete the following activity and turn it into the appropriate dropbox on Edvance360. This assignment is due at **0800 on Monday, June 24th**.

This reflection assignment should be a minimum of 500 words and is worth 1 hour of online content. In order to receive full credit for this assignment, it must be completed in its entirety by the due date/time assigned. Any assignment not completed in its entirety will result in missed theory time and must be made up.

The activity is an audio representation of auditory hallucinations to obtain a greater appreciation for patients who experience these false sensory perceptions on a regular basis. To truly appreciate and understand the video clip, please use ear buds or headphones for this activity and listen to the YouTube clip that is posted below. The clip is 3:38 minutes in length; try to listen as long as you can. The sounds may be distressing to you, so if you choose not to listen at all or only for a brief moment, that is fine but, after you listen you will have a greater understanding of what patients with auditory hallucinations experience.

While you are listening, try to complete the word search that is provided (see next page). The goal is to attempt to perform other tasks while the “voices in your head” are speaking to you. You are not expected to submit the word search; but please answer the following questions in reflection of the activity.

<https://www.youtube.com/watch?v=0vvU-Ajwbok>

1. Discuss your feelings while listening to the video. How did it impact your focus on the activity? Were you distracted?

I felt very odd listening to the video and trying to complete the word search at the same time. It made me feel really weird and just kind of thrown back that people really live with this and have to hear it all day. I was certainly distracted, to the point where didn't even look for the words anymore due to the overstimulation. I was only able to focus a little bit for a little bit of time, but definitely couldn't complete the entire word search listening to it. It was very difficult to focus on trying to find a word, it just kind of felt like too much.

2. What did you hear? Was there more than one voice? Was it loud or quiet? What was being said?

I heard many different voices that had different tones and were saying different things. I heard different sounds too not just voices. I couldn't fully understand what the voices were saying but I was able to make out a few words such as professional, wealth, generation, dependent, communication, investment, futures, stupid, pointless, worthless, etc. They were loud and quiet at times. There were overlapping voices and sounds and that is what made it really difficult. One of the voices was saying, you are disgusting, you are worthless, bastard. I could not imagine living with a voice saying that to me, I didn't want to listen to that after just a few seconds; I couldn't imagine a full episode of this or living through it for even a day. That was the worst part of the video to me.

3. How long were you able to listen to the video while completing the word search? Why did you stop listening?

I listened to the video for about a minute and a half. I needed to take a break just because it was getting to be too overwhelming. I honestly couldn't continue to listen to that for too long. It was extremely overstimulating, and too be honest it was starting to give me a headache. I wanted to finish the rest of the video out of curiosity and finished the last bit separately. I could've forced myself to listen to the whole thing at once, but it would have been almost miserable.

4. How does this change how you will care for a schizophrenic patient?

This will change the way I care for a schizophrenic patient because I will be able to understand them more and what they are experiencing. This experience will lead me to having more patience in this situation with these patients. Some things can't be understood without experiencing them, and I feel like this is certainly one of those. Now that I have a base understanding of what these patient's go through, I can continue to learn more and develop further knowledge on this disorder that will lead to better care.

5. Discuss how your communication or attitudes will change towards a schizophrenic patient after this activity.

Due to the level of overstimulation I felt like I was experiencing, I would try to minimize that in the best way possible in my communications with them. I would try and make conversation simple like using short sentences and summarizing what I need to say, talk very clearly to them so they can actually understand every word that is being said. Everything sounded like a blur so I would try and make it the opposite of that. Short, clear, and to the point. My attitude towards them would be patience and understanding they're experiencing something very distressful and need somebody to have patience with them.

Schizophrenia

K K U C Z V M C C M Z T U G M F D
Z L A T D F I A Z O Y C Z X D S A
F S P N U Y T G D C G E B I E W L
P E O P I A S I Q O A F T Q T V A
I D D V T W N S B I P F I H T H S
L E J O A D O F T J A A R W Y P D
Z Z N H Y I I W U F A T M P S L R
I I U O Q O S M B B S A I I J J O
A N J H R N U B G Z I L A C N T W
V A F E L A L X Z N Y F U M L E Y
S G S R H R E V I T I S O P C V X
E R P M Q A D N B I Q Q Z U E P K
N O S V W P U C F U F I I O W Y W
S S N H A L L U C I N A T I O N S
O I Y G M G Q H U G G P A M Z L Y
R D F A L S E B E L I E F S R D W
Y T B N J G E N E T I C S E Y X O

Catatonia
Dopamine
Genetics
Positive

Delusions
False beliefs
Hallucinations
Sensory

Disorganized
Flat Affect
Paranoid
Word Salad