Schizophrenia Activity
Psychiatric Nursing 2024

Chapter objectives:

1. Discuss conceptualization of schizophrenia and other psychotic disorders. (1,2)
2. Identify symptomatology associated with these disorders and use this information in patient assessment. (1,7)
3. Describe relevant criteria for evaluating nursing care of patients with schizophrenia and other psychotic disorders. (1,2,7)
4. Describe appropriate nursing interventions for behaviors associated with schizophrenia. (1,6,7)

*Course Objectives

Directions:
Please complete the following activity and turn it into the appropriate dropbox on Edvance360. This assignment is due at 0800 on **Monday, June 24th.**

This reflection assignment should be a minimum of 500 words and is worth 1 hour of online content. In order to receive full credit for this assignment, it must be completed it its entirety by the due date/time assigned. Any assignment not completed in its entirety will result in missed theory time and must be made up.

The activity is an audio representation of auditory hallucinations to obtain a greater appreciation for patients who experience these false sensory perceptions on a regular basis. To truly appreciate and understand the video clip, please use ear buds or headphones for this activity and listen to the YouTube clip that is posted below. The clip is 3:38 minutes in length; try to listen as long as you can. The sounds may be distressing to you, so if you choose not to listen at all or only for a brief moment, that is fine but, after you listen you will have a greater understanding of what patients with auditory hallucinations experience.

While you are listening, try to complete the word search that is provided (see next page). The goal is to attempt to perform other tasks while the "voices in your head" are speaking to you. You are not expected to submit the word search; but please answer the following questions in reflection of the activity.

https://www.youtube.com/watch?v=0vvU-Ajwbok

1. Discuss your feelings while listening to the video. How did it impact your focus on the activity? Were you distracted?
2. What did you hear? Was there more than one voice? Was it loud or quiet? What was being said?
3. How long were you able to listen to the video while completing the word search? Why did you stop listening?
4. How does this change how you will care for a schizophrenic patient?
5. Discuss how your communication or attitudes will change towards a schizophrenic patient after this activity.

Schizophrenia

K	K	U	C	Z	V	M	C	C	M	Z	T	U	G	M	F	D
Z	L	A	T	D	F	I	A	Z	O	Y	C	Z	X	D	S	A
F	S	P	N	U	Y	T	G	D	C	G	E	B	I	E	W	L
P	E	O	P	I	A	S	I	Q	O	A	F	T	Q	T	V	A
I	D	D	V	T	W	N	S	B	I	P	F	I	H	T	H	S
L	E	J	O	A	D	O	F	T	J	A	A	R	W	Y	P	D
Z	Z	N	H	Y	I	I	W	U	F	A	T	M	P	S	L	R
I	I	U	O	Q	O	S	M	B	B	S	A	I	I	J	J	O
A	N	J	H	R	N	U	B	G	Z	I	L	A	C	N	T	W
V	A	F	E	L	A	L	X	Z	N	Y	F	U	M	L	E	Y
S	G	S	R	H	R	E	V	I	T	I	S	O	P	C	V	X
E	R	P	M	Q	A	D	N	B	I	Q	Q	Z	U	E	P	K
N	O	S	V	W	P	U	C	F	U	F	I	I	O	W	Y	W
S	S	N	H	A	L	L	U	C	I	N	A	T	I	O	N	S
O	I	Y	G	M	G	Q	H	U	G	G	P	A	M	Z	L	Y
R	D	F	A	L	S	E	B	E	L	I	E	F	S	R	D	W
Y	T	B	N	J	G	E	N	E	T	I	C	S	E	Y	X	O

Catatonia	Delusions	Disorganized
Dopamine	False beliefs	Flat Affect
Genetics	Hallucinations	Paranoid
Positive	Sensory	Word Salad

1. **I found this activity to be very difficult. I personally have a very one tract mind. I am unable to even listen to music while I am trying to complete something. Even people talking in the background seems to distract me. So, listening to this video while trying to do the word search was very distracting. I could not focus on even trying to find one word. I was very distracted while trying to complete the word**

search and listen to the video. I had to actually turn the video off in order to find any of the words.

2. **I found this video to be almost frightening. I heard things such as "you are stupid, you are worthless, dead, just do it, I can see you, and you are bad". This video had a mixed volume to it. There was definitely more than one voice in this video. There were quite a few who all spoke very differently. Some were very harsh, and some were so soft spoken that you could barely hear them. There were people who were very loud and also people who were very quiet in the background. This made it so it was difficult to concentrate on what one person was even saying.**
3. **I was not able to listen to the video very long while doing the word search. Not only could I not concentrate but also some of the things that were said were very uncomfortable. So, I turned it off for a while and then fast forwarded a little and continued playing it. I feel like the longer I listened though, the worse it got. I stopped listening for a couple reasons. One being because I could not focus on the word search at all. The second being because it almost scared me because of some of the things they were saying. The one that really got me and made me turn it off though was "I can see you".**
4. **This assignment will definitely change how I will care for my schizophrenic patients. I will be sure to allow them time to respond to my questions without getting upset or frustrated. There is clearly a lot going on in their heads and they might just need extra time to form words and sentences. Also, I will be sure to ask them how they are and if they need anything periodically. I cannot assume that these voices do not interfere with their lives. Some of the things they said scared even me and I will want to be sure that they are still doing okay and offer support if needed.**
5. **Like I said previously, my communication and attitude will change towards schizophrenic patients after this activity. I will make sure I use smaller sentences and easy to answer questions for these patients. There is a lot going on in their heads and I will want to be sure that I do not confuse them further. Also, I will not get so frustrated with these patients if it's taking them longer to answer me after I ask them a question or if they are taking longer while finishing an activity.**