

Schizophrenia Activity

Psychiatric Nursing 2024

Chapter objectives:

1. Discuss conceptualization of schizophrenia and other psychotic disorders. (1,2)
2. Identify symptomatology associated with these disorders and use this information in patient assessment. (1,7)
3. Describe relevant criteria for evaluating nursing care of patients with schizophrenia and other psychotic disorders. (1,2,7)
4. Describe appropriate nursing interventions for behaviors associated with schizophrenia. (1,6,7)

*Course Objectives

Directions:

Please complete the following activity and turn it into the appropriate dropbox on Edvance360. This assignment is due at **0800 on Monday, June 24th**.

This reflection assignment should be a minimum of 500 words and is worth 1 hour of online content. In order to receive full credit for this assignment, it must be completed in its entirety by the due date/time assigned. Any assignment not completed in its entirety will result in missed theory time and must be made up.

The activity is an audio representation of auditory hallucinations to obtain a greater appreciation for patients who experience these false sensory perceptions on a regular basis. To truly appreciate and understand the video clip, please use ear buds or headphones for this activity and listen to the YouTube clip that is posted below. The clip is 3:38 minutes in length; try to listen as long as you can. The sounds may be distressing to you, so if you choose not to listen at all or only for a brief moment, that is fine but, after you listen you will have a greater understanding of what patients with auditory hallucinations experience.

While you are listening, try to complete the word search that is provided (see next page). The goal is to attempt to perform other tasks while the “voices in your head” are speaking to you. You are not expected to submit the word search; but please answer the following questions in reflection of the activity. **SEE NEXT PAGE**

<https://www.youtube.com/watch?v=0vvU-Ajwbok>

1. Discuss your feelings while listening to the video. How did it impact your focus on the activity? Were you distracted?
2. What did you hear? Was there more than one voice? Was it loud or quiet? What was being said?
3. How long were you able to listen to the video while completing the word search? Why did you stop listening?
4. How does this change how you will care for a schizophrenic patient?
5. Discuss how your communication or attitudes will change towards a schizophrenic patient after this activity.

Listening to this video while trying to complete the word search was very distracting for me. It made me feel like I could not focus on finding to find the words because I was worried about what the voices were saying. I would go back and forth trying to focus on the word search and then go back to the voices. I then caught myself getting frustrated because it was taking me longer than it usually does to complete a word search. I do not think that no matter how hard I tried, I could have found a way to block out all the voices I was hearing and just be able to focus on the word search.

I do not remember exactly what all of the voices were saying because I was trying to do the word search, but I do remember that there was more than one voice. These voices would overlap each other which would make all of the words blend in, and the loudness of the voices would go from soft to quiet on repeat. I was doing by best to mute all of the voices out, but they were always there no matter how hard I tried.

I listened to the video for about a minute and 30 seconds before I shut it off. I shut it off because the voices were stressing me out and I was not able to find many words while listening to the video. I was getting very distracted and because the voices were talking so fast, I was not able to focus on those either. I stopped listening so that I could complete the word search in a timely manner without any distractions. Once I shut the video off, I was able to find words much faster than when the video was playing.

This will change the way that I care for a care for a schizophrenic patient in one way, and that is by being more patient with them. I did not realize what they have going on in their brains until I heard this video. If I had to hear voices in my head every day for the rest of my life, it would take a lot of patience for me control myself, so they deserve the same. They can sometimes take longer to express how they feel or get things done, and now I understand why.

From now on when I have a schizophrenic patient, I will ask more specific questions when they tell me that they are hearing voices in their heads. I can ask how many, how loud or quiet they are, and what exactly they are telling them. I will make sure to act calm towards the patient because I know to a degree what they are experiencing, and especially if the voices are telling them to do harmful things, they need someone who is going to listen to them and be caring for them. I want my patients to know that I am always there for them to talk to if they are in need, and this is especially important in mental health patients.

Schizophrenia

K K U C Z V M C C M Z T U G M F D
Z L A T D F I A Z O Y C Z X D S A
F S P N U Y T G D C G E B I E W L
P E O P I A S I Q O A F T Q T V A
I D D V T W N S B I P F I H T H S
L E J O A D O F T J A A R W Y P D
Z Z N H Y I I W U F A T M P S L R
I I U O Q O S M B B S A I I J J O
A N J H R N U B G Z I L A C N T W
V A F E L A L X Z N Y F U M L E Y
S G S R H R E V I T I S O P C V X
E R P M Q A D N B I Q Q Z U E P K
N O S V W P U C F U F I I O W Y W
S S N H A L L U C I N A T I O N S
O I Y G M G Q H U G G P A M Z L Y
R D F A L S E B E L I E F S R D W
Y T B N J G E N E T I C S E Y X O

Catatonia
Dopamine
Genetics
Positive

Delusions
False beliefs
Hallucinations
Sensory

Disorganized
Flat Affect
Paranoid
Word Salad