

Firelands Regional Medical Center School of Nursing
Nursing Care Map

Student Name _____

Date _____

Noticing/Recognizing Cues:

Highlight all related/relevant data from the Noticing boxes that support the top priority problem

Assessment findings*:

- HR= 57 low
- Temperature= 97.5 °F low
- Suicidal Ideation
- Difficult to engage
- Stated "had a really bad day at work"
- Reported anhedonia from low energy
- Denies hallucination
- Stated "plan to overdose on pills"

Lab findings/diagnostic tests*:

- RBC= 6.34 high
- MCV=67.4 low
- MCH= 21.8 low
- MCHC=32.4 low
- RDW= 15.2 high
- Abnormal CBC- mild anisocytosis with a few elliptocytes

Risk factors*:

- Depression
- Anxiety
- Mood disorder
- Hx o/ sexual abuse
- Hx o/ emotional abuse
- Hx o/ verbal abuse
- Suicidal ideations
- Suicide plan: overdose on pills
- hopelessness

Interpreting/Analyzing Cues/
Prioritizing Hypotheses/
Generating Solutions:

Nursing priorities*:

Highlight the top nursing priority problem

- Risk for Suicidal behavior
- Major Depressive Disorder
- Risk for self-directed or other-directed violence

Goal Statement:

Patient will seek out staff when feeling or thinking of suicidal ideation

Potential complications for the top priority:

- Self-harm
 - o Wearing long sleeves or pants
 - o Unexplained cuts, bruises, scars, bald spots
 - o Refusing to change around others
- Suicide
 - o Talks of hopelessness or helplessness
 - o Threatens/verbalizes suicidal ideation
 - o Giving away prized possessions
- Self-neglect
 - o Poor hygiene/wearing dirty clothes
 - o Weight loss/malnutrition
 - o Avoiding medical attention

Responding/Taking Actions:

Nursing interventions for the top priority:

1. Maintain close assessments
2. Collaborate with care team for on going assessments
3. o
4. o
5. o
6. Trazadone 50mg PO QHS PRN for insomnia
7. Olanzapine 5mg IM/PO Q6H PRN for severe agitation
8. Hydroxyzinepamote 50mg Q6H PRN for anxiety
9. Benzotropine 1mg PO/IM Q6H for involuntary movements/side effects from drugs

Reflecting/Evaluate Outcomes:

Evaluation of the top priority:

- Reports no changes in sleep
- Appetite normal
- Reports anhedonia “Anhedonia is the inability to experience joy or pleasure” (Professional, 2023).
- Denies hallucinations
- No side effects to mirtazapine
- Stated “doing good”
- Denies suicidal ideation

Reference:

Professional, C. C. Medical. (2023, July 26). *What is anhedonia?*. Cleveland Clinic. <https://my.clevelandclinic.org/health/symptoms/25155-anhedonia>