

Unit 3: Substance Abuse Worksheet
Online Assignment (1H)
Due 6/10/2024 by 0800

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Directions: Use Chapter 14 in the textbook to fill in the spaces provided. Place your completed assignment in the “Unit 3: Substance Abuse Online Assignment” Dropbox by 0800 on 6/10/2024.

In order to receive full credit (1H class time) for this assignment, it must be completed in its entirety by the due date/time assigned. Any assignment not completed in its entirety by the due date and time will result in missed class time and must be completed by the end of the semester to pass the course.

Drug	Symptoms of Use	Symptoms of Intoxication	Symptoms of Withdrawal
<p>CNS Depressants</p> <p>Examples: Alcohol, sedative, anxiolytics, hypnotics</p>	<ul style="list-style-type: none"> - Rebound insomnia, increased dreaming - Respiratory depression - Hypotension, decreased cardiac output, decreased blood flow, impaired myocardial contractility - Suppress urine function - Jaundice (acute intoxication) - Decrease in body temperature (extreme) - Inability to hold erection 	<ul style="list-style-type: none"> -Inappropriate sexual or aggressive behavior - Mood lability - Impaired judgement - Impaired social and occupational functioning - Slurred speech - Uncoordinated/unsteady gait - Impaired memory 	<ul style="list-style-type: none"> - Sweating - Tachycardia - Hand tremors - Insomnia - N/V - Hallucinations - Anxiety - Tonic Clonic Seizure
<p>CNS Stimulants</p> <p>Examples: Cocaine, Caffeine, Nicotine, Synthetic stimulants, Amphetamines</p>	<ul style="list-style-type: none"> - CNS: tremors, restlessness, anorexia, insomnia, agitation, increased motor activity - Cardiovas./Pulm.: Inc. sys/diastolic BP, Inc. HR, cardiac arrhythmias, relax bronchial smooth muscle. - GI/Renal: Decreased motility→constipation, contracted bladder→difficulty urinating, diuretic 	<ul style="list-style-type: none"> - Cocaine/ amphetamine=euphoria , change in social ability, hypervigilant, anxiety, anger - Tachycardia and lower BP - Sweating/chills - N/V - Weight loss 	<ul style="list-style-type: none"> -Crash=fatigue, depression, nightmares, H/A, sweating - Caffeine: H/A, fatigue, drowsiness, irritable, N/V, flu-like s/s, muscle pain and weakness - Nicotine: depressed mood, insomnia, irritable, frustration, anger, anxiety, restlessness, decreased heart rate, increased appetite

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	<p>effect with kidneys, increase metabolic rate</p> <p>- Sexual function: promote urge, men=sexual dysfunction, aphrodisiac effect</p>	<p>- Muscular weakness</p> <p>- Dysrhythmias</p>	
<p align="center">Opioids</p> <p>Examples: Oxycodone, Morphine, Opium, Codeine, Heroin, Hydromorphone, Oxycodone, Hydrocodone, Meperidine, Methadone, Pentazocine, Fentanyl</p>	<p>- CNS: Euphoria, mood changes, mental fog, drowsiness, pain reduction</p> <p>- GI: constipation, suppressed peristalsis, fecal impaction</p> <p>- Cardiovascular: hypotension</p> <p>- Sexual: Decreased sexual function and libido, delayed ejaculation, impotence, orgasm failure</p>	<p>- Euphoria → Apathy</p> <p>- Dysphoria, Psychomotor agitation, impaired judgement</p> <p>- Constricted pupils</p> <p>- Drowsiness</p> <p>- Slurred speech</p> <p>- Impaired attention and memory</p> <p>- Respiratory depression</p>	<p>- Dyphoric mood</p> <p>- N/V</p> <p>- Muscle aches</p> <p>- lacrimation</p> <p>- Rhinorrhea</p> <p>- Pupil dilation</p> <p>- Muscle aches</p> <p>- Yawning</p> <p>- Fever</p> <p>- Insomnia</p>
<p align="center">Hallucinogens</p> <p>Examples: Ketamine, phencyclidine, lysergic acid diethylamide, dimethyltryptamine, mescaline, methoxy amphetamine</p>	<p>- Physiological effects: N/V, chills, pupil dilation, increase pulse BP temp, dizziness, trembles, loss of appetite, insomnia, sweating, slowed respiration, elevated glucose</p> <p>- Psychological effects: high end response to color texture and sounds, heightened body awareness, distorted vision, some sort of slowed time, euphoria, paranoia, peace, magnified emotions, projection of dreamlike images, do you realization,</p>	<p>- Anxiety, depression, delusion, paranoia, impaired judgment, perceptual changes,</p> <p>- Tachycardia, hypertension</p> <p>- Sweating</p> <p>- Blurred vision</p> <p>- Pupillary dilation</p> <p>- Tremors</p>	<p>- Anxiety, depression</p> <p>- Restlessness</p> <p>- Lack of motivation</p> <p>- Confusion</p>

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	increased libido		
<p align="center">Cannabinols</p> <p>Examples: Marijuana, hashish</p>	<p>- cardiovascular: tachycardia, orthostatic hypotension, decrease blood pressure</p> <p>- Respiratory: increase tar in lungs, unstructured airway disorders, laryngitis, bronchitis, cough, hoarseness, increased risk for cancer</p> <p>- Reproductive: decrease in sperm count, motility, and structure. Suppression of ovulation, abnormal period, alteration of hormones</p> <p>- CNS: euphoric feeling, relaxed inhibition, disorientation, depersonalization, relaxation, impaired judgment, impaired learning ability, tremors, muscle rigidity, conjunctival redness, lethargic, apathetic, lack of motivation</p> <p>Sexual: enhanced, sensory awareness is slowed, enhanced</p>	<p>- Impaired motor coordination – don't drive</p> <p>- Euphoria</p> <p>- Anxiety</p> <p>- Impaired judgment</p> <p>- Social withdrawal</p>	<p>- irritability, aggression</p> <p>- Nervous, anxiety</p> <p>- Sleep difficulty (insomnia)</p> <p>- Weight loss</p> <p>- restlessness</p> <p>- Depressed mood</p> <p>- Abdominal pain</p> <p>- Tremors</p> <p>- Sweating, fever, chills</p> <p>- Headache</p>
<p align="center">Inhalants</p> <p>Examples: gasoline, varnish remover, lighter fluid, airplane glue, rubber cement, cleaning fluid, spray paint, shoe conditioner</p>	<p>-CNS: ataxia, neuropathy, speech problems, tremors, autotoxicity, encephalopathy, parkinsonism</p> <p>- Respiratory: coughing, wheezing, pneumonia</p>	<p>- Dizzy</p> <p>- Euphoria</p> <p>- Nystagmus (blurred vision)</p> <p>- Slurred speech</p>	<p>- N/V</p> <p>- Sweating</p> <p>- Headache</p> <p>- Insomnia</p> <p>- Loss of appetite</p>

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	<p>karma airway resistance</p> <ul style="list-style-type: none">- GI: abdominal pain, N/V- Renal: acute and chronic renal failure, hepatorenal syndrome, renal toxicity, renal tubular acidosis, hypokalemia, azotemia, sterile pyuria, hematuria, proteinuria	<ul style="list-style-type: none">- Hypoactive reflex- Lethargy- Muscle weakness	<ul style="list-style-type: none">- Increased heartrate
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