

Unit 3: Substance Abuse Worksheet
Online Assignment (1H)
Due 6/10/2024 by 0800

Directions: Use Chapter 14 in the textbook to fill in the spaces provided. Place your completed assignment in the “Unit 3: Substance Abuse Online Assignment” Dropbox by **0800 on 6/10/2024**.

In order to receive full credit (1H class time) for this assignment, it must be completed in its entirety by the due date/time assigned. Any assignment not completed in its entirety by the due date and time will result in missed class time and must be completed by the end of the semester to pass the course.

Drug	Symptoms of Use	Symptoms of Intoxication	Symptoms of Withdrawal
CNS Depressants Examples: Alcohol, Valium, Noctec	• Relaxation • Loss of inhibition • Lack of concentration • Drowsiness • Slurred speech • Sleep	• Disinhibition of sexual or aggressive impulses • Mood liability • Impaired judgment • Impaired social or occupational functioning • Slurred speech • Incoordination • Unsteady gait • Inappropriate sexual or aggressive behavior • Mood liability • Impaired judgment • Impaired social or occupational functioning • Slurred speech • Impairment in attention or memory	• Coarse tremors of hands, tongue, or eyelids • Nausea or vomiting • Malaise or weakness • Tachycardia • Sweating • Elevated BP • Anxiety • Autonomic hyperactivity • Increased hand tremors • Insomnia • Nausea or vomiting • Hallucinations • Depersonalization • Psychomotor agitation • Anxiety • Grandmal seizures • Delirium
CNS Stimulants Examples: Dexedrine, Cocaine, MDMA	• Hyperactivity • Agitation • Euphoria • Insomnia • Loss of appetite • Restlessness	• Euphoria • Changes in sociability • Hypervigilance • Interpersonal sensitivity • Anxiety • Memory loss	• Fatigue • Cramps • Depression • Headaches • Nightmares • Dysphoria • Increased risk for

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	• Talkativeness • Increased pulse • Dilated pupils • Rhinitis • Irritability • Dizziness • Decreased ability to think clearly • Increased heart rate • Chest pains	• Violent aggression • Tachycardia • Bradycardia • Elevated or lowered BP • Perspiration or chills • Restlessness • Nervousness • Insomnia	• suicide • Drowsiness • Irritability • Flu-like symptoms • Increased appetite • Decreased heart rate • Weight gain
Opioids Examples: Morphine, Heroin, Codeine	• Euphoria • Lethargy • Drowsiness • Lack of motivation • Constricted pupils	• Initial euphoria followed by apathy • Dysphoria • Psychomotor agitation or retardation • Impaired judgment • Pupillary constriction • Drowsiness • Slurred speech • Impairment of attention or memory	• Dysphoric mood • Nausea or vomiting • Muscle aches • Lacrimation or rhinorrhea • Pupillary dilation • Piloerection • Sweating • Yawning • Diarrhea • Insomnia
Hallucinogens Examples: PCP, LSD, Ketamine	• Visual hallucinations • Disorientation • Confusion • Paranoid delusions • Euphoria • Anxiety • Panic • Increased pulse	• Anxiety • Depression • Ideas of reference • Fear of losing one's mind • Paranoid ideations • Impaired judgement • Intensification of perceptions • Depersonalization • Hallucinations • Tachycardia • Hypertension • Sweating • Blurred vision • Pupillary dilation • Impulsiveness	

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		• Assertiveness • Belligerence • Muscle rigidity • Ataxia • Seizures • Dehydration • Confusion	
Cannabinols Examples: Marijuana, Hashish, NSP	• Relaxation • Talkativeness • Lowered inhibitions • Euphoria • Mood swings • Extreme anxiety • Elevated mood • Confusion • Paranoia • Hallucinations	• Impaired motor coordination • Euphoria • Anxiety • Sense of slowed time • Impaired judgment and memory • Social withdrawal • Red eyes • Increased appetite • Dry mouth • Tachycardia • Impaired LOC	• Irritability • Anger • Aggression • Nervousness • Restlessness • Anxiety • Sleep difficulties • Decreased appetite • Weight loss • Depressed mood • Abdominal pain • Tremors • Sweating • Fever • Chills • Headache
Inhalants Examples: Gasoline, Varnish remover, Lighter fluid, Spray paint	• Ataxia • Speech problems • Tremors • Cough • Dyspnea • Abdominal pain • Rash around nose or mouth	• Dizziness • Ataxia • Euphoria • Excitation • Disinhibition • Blurred vision • Double vision • Slurred speech • Hypoactive reflexes • Psychomotor retardation • Lethargy • Generalized muscle weakness • Stupor or coma	• Restlessness • Nausea and vomiting • Runny nose • Watery eyes • Poor attention and concentration • Mood changes