

Unit 3: Substance Abuse Worksheet
Online Assignment (1H)
Due 6/10/2024 by 0800

Directions: Use Chapter 14 in the textbook to fill in the spaces provided. Place your completed assignment in the “Unit 3: Substance Abuse Online Assignment” Dropbox by 0800 on 6/10/2024.

In order to receive full credit (1H class time) for this assignment, it must be completed in its entirety by the due date/time assigned. Any assignment not completed in its entirety by the due date and time will result in missed class time and must be completed by the end of the semester to pass the course.

Drug	Symptoms of Use	Symptoms of Intoxication	Symptoms of Withdrawal
<p>CNS Depressants</p> <p>Examples: Sedatives, tranquilizers, alcohol</p>	<p>Substance seeking behavior</p> <p>Slurred speech</p> <p>Incoordination</p> <p>Unsteady gait</p>	<p>Maladaptive behavior</p> <p>State of disinhibition</p> <p>Excitement</p> <p>Psychological changes</p> <p>Drunkenness</p> <p>amnesia</p>	<p>Insomnia</p> <p>Hallucinations</p> <p>Sweaty</p> <p>Pulse rate > 100</p> <p>Grand mal seizures</p> <p>delirium</p>
<p>CNS Stimulants</p> <p>Examples: Amphetamines, nicotine, caffeine, crack, cocaine, meth</p>	<p>User feels more confident, more powerful, more decisive</p> <p>Tremors, restlessness, anorexia, insomnia, agitation, increased motor activity, elation, euphoria, subjective feelings of greater mental agility and muscular power</p>	<p>Maladaptive behavior and psychological changes</p> <p>Anxiety, tension, changes in sociability, interpersonal sensitivity, psychosis, memory loss, violent aggression</p> <p>Elevated or lowered BP, tachycardia or bradycardia, N/V, perspiration or chills</p>	<p>Fatigue, cramps, depression, headaches, nightmares</p> <p>Dysphoria that can lead to suicide ideation, drowsiness, irritability, flu-like symptoms, anger, frustration, difficulty concentrating, increased appetite, weight gain</p>
<p>Opioids</p> <p>Examples: opium, opium derivatives, synthetic substitutes</p>	<p>Lethargy and indifference to environment, desensitized to both psychological and psychological pain and induce a sense of euphoria, difficulty holding a steady job, chronic constipation, pinpoint pupils, decreased</p>	<p>Initial euphoria followed by apathy, dysphoria, psychomotor agitation, retardation, impaired judgement, constricted pupils or dilation due to anoxia, drowsiness, slurred speech,</p>	<p>Dysphoric mood, N/V, muscle aches, lacrimation or rhinorrhea, pupillary dilation, diarrhea, sweating, yawning, fever, insomnia, piloerection</p>

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	respiratory rate	impairment in attention or memory	
<p align="center">Hallucinogens</p> <p>Examples: cactus, mesc, mescal, half-moon, magic mushroom, shrooms, acid, heavenly blue, cube, big D, Angel dust, hog, peace pill, STP, kit kat, vitamin K, Special K, ecstasy, bath salts, molly, LSD, PCP</p>	Heightened response to color, texture, and sound; distortion of vision, panic, paranoia, derealization, increased libido, serenity, peace, sweating, insomnia, loss of appetite, pupil dilation, mild dizziness, trembling, elevated BS, increased pulse, BP, and temperature	Maladaptive behavioral and psychological changes, paranoid ideation, fear of losing one's mind, impaired judgement, depersonalization, derealization, assaultiveness, belligerence, individual may appear calm, stuporous, or comatose,	Suicidal thoughts, seizure tremors, increased/elevated HR/BP, panic attacks, impaired memory depression, mood swings
<p align="center">Cannabinols</p> <p>Examples: marijuana, THC, hashish, hash oil,</p>	Weight gain, apathetic, anergic, psychosis, sensory alterations, relaxed inhibitions, feelings of euphoria, disorientation, depersonalization, relaxation	Impaired motor coordination, euphoria, anxiety, a sensation of slowed time, impaired judgement and memory, social withdrawal, extreme psychotic reactions, elevated BP, reduced blood supply to the heart, kidney damage, and seizures	Nervousness, restlessness, anxiety, anger, irritability, aggression, decreased appetite or weight loss, disturbing dreams, insomnia, ad pain, chills, fever, HA, tremors, depressed mood
<p align="center">Inhalants</p> <p>Examples: fuel, solvents, adhesives, aerosol propellants, paint thinners,</p>	<p>“huffing”, “bagging”, “sniffing”</p> <p>Rapid excitation, drowsiness, incoordination, disinhibition</p>	Dizziness, ataxia, euphoria, excitation, blurred vision, double vision, slurred speech, nystagmus, hypoactive reflexes, psychomotor retardation, generalized weakness, stupor or coma	Restlessness, N/V, runny nose, watery eyes, poor attention and concentration, mood changes