

Unit 3: Substance Abuse Worksheet
Online Assignment (1H)
Due 6/10/2024 by 0800

Directions: Use Chapter 14 in the textbook to fill in the spaces provided. Place your completed assignment in the “Unit 3: Substance Abuse Online Assignment” Dropbox by 0800 on 6/10/2024.

In order to receive full credit (1H class time) for this assignment, it must be completed in its entirety by the due date/time assigned. Any assignment not completed in its entirety by the due date and time will result in missed class time and must be completed by the end of the semester to pass the course.

| Drug | Symptoms of Use | Symptoms of Intoxication | Symptoms of Withdrawal |
|--|--|---|---|
| CNS Depressants Examples: Ativan, Xanax, valium, klonopin, | Depress activities of the brain, nerves and muscles, and heart. | Aggressive behavior, mood lability, impaired judgement. | Autonomic hyperactivity, tremor, psychomotor agitation, nausea, vomiting, hallucinations, seizure, delirium. |
| CNS Stimulants Examples: Caffeine, nicotine, cocaine, modafinil, phentermine, Ritalin. | Excite the nervous system. Physical and behavioral stimulation. | Maladaptive behavior changes. | Begins a few hours to several days. Referred to as crashing. Fatigue, cramps, depression, headaches, nightmares. |
| Opioids Examples: heroin, oxycodone, dilaudid, codeine. | Sedative and analgesic effects. | Euphoria, apathy, dysphoria, psychomotor agitation, impaired judgement, retardation | Dysphoric mood, nausea, vomiting, muscle aches, lacrimation, rhinorrhea, pupillary dilation, piloerection, sweating insomnia. |
| Hallucinogens Examples: Ketamine, Dextromethorphan | Alter sensory perception, alter view of reality. Mind expanding drugs. | Maladaptive behavior, Ideas of reference, paranoia impaired judgement. Hyperthermia, dehydration, seizures. | Deep cravings, anxiety, depression, irritability, lack motivation. |
| Cannabinols Examples: Marijuana | Euphoria, relaxation, disorientation, | Impaired motor coordination, euphoria, | Irritability, anger, nervousness, insomnia, decreased appetite, |

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| | depersonalization. | anxiety. | physical symptoms. |
|--|--|---|--|
| Inhalants Examples: Nicotine, nitrous oxide. | Rapid excitation, followed by drowsiness. Effects are brief. | Belligerence, apathy, impaired judgement, nystagmus, slurred speech, unsteady gait, tremor, | Restlessness, body aches, nausea, runny nose, watery eyes, mood change, panic attacks. |