

Unit 3: Substance Abuse Worksheet
Online Assignment (1H)
Due 6/10/2024 by 0800

Directions: Use Chapter 14 in the textbook to fill in the spaces provided. Place your completed assignment in the “Unit 3: Substance Abuse Online Assignment” Dropbox by 0800 on 6/10/2024.

In order to receive full credit (1H class time) for this assignment, it must be completed in its entirety by the due date/time assigned. Any assignment not completed in its entirety by the due date and time will result in missed class time and must be completed by the end of the semester to pass the course.

Drug	Symptoms of Use	Symptoms of Intoxication	Symptoms of Withdrawal
CNS Depressants Examples: Barbiturates, nonbarbiturate hypnotics, and antianxiety agents	Respiratory depression, hypotension, reduced urine output, reduced metabolism of drugs in the liver, hypothermic, inability to maintain and erection in men.	Inappropriate sexual or aggressive behaviors, mood lability, impaired judgement, or impaired social or occupational functioning.	Autonomic hyperactivity, increased hand tremors, insomnia, nausea or vomiting, hallucinations, illusions, depersonalization, psychomotor agitation, anxiety, grand mal seizures, and delirium.
CNS Stimulants Examples: Amphetamines, synthetic stimulants, nonamphetamine stimulants, cocaine, caffeine, nicotine	Tremor, restlessness, anorexia, insomnia, agitation, increased motor activity, alertness, decrease in fatigue, elation and euphoria, and subjective feelings of greater mental agility and muscular power. Amphetamines: increased BP and HR, cardiac arrhythmias. Cocaine: increased HR, severe vasoconstriction, nasal rhinitis. Caffeine: increased HR, palpitations, extrasystoles, cardiac arrhythmias. Nicotine: increased HR and BP and cardiac contractility.	Euphoria or affective blunting; changes on sociability; hypervigilance; interpersonal sensitivity; anxiety, tension, or anger; stereotyped behaviors; impaired judgement. Tachycardia or bradycardia, pupillary dilation, elevated or lowered BP, perspiration or chills, N/V, weight loss, psychomotor agitation or retardation, muscular weakness, respiratory depression, chest pain, cardiac arrhythmias, confusion, seizures, dyskinesias, or coma.	Fatigue, cramps, depression, headaches, and nightmares. Increased risk for suicide. Caffeine: headache, fatigue, drowsiness, dysphoric mood, irritability, difficulty concentrating, flu-like symptoms, N/V, and/or muscle pain and stiffness.
Opioids Examples: Heroin, fentanyl, oxycodone, morphine, codeine	Sedation, chronic constipation, decreased RR, pinpoint pupils, euphoria, mood changes, mental cloudiness, drowsiness, N/V, and pain reduction.	Initial euphoria followed by apathy, dysphoria, psychomotor agitation or retardation, impaired judgement. Pupillary constriction, drowsiness, slurred speech, and impairment in attention or memory.	Dysphoric mood, N/V, muscle aches, lacrimation or rhinorrhea, pupillary dilation, piloerection, sweating, diarrhea, yawning fever, and insomnia
Hallucinogens	N/V, chills, pupil dilation,	Anxiety or depression, ideas of	Anxiety, depression,

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<p>Examples: Peyote, LSD, MDMA, PCP</p>	<p>increased HR, BP, and temperature, mild dizziness, trembling, loss of appetite, insomnia, sweating, slower RR, elevation of blood sugar. Heightened response to color, texture, and sounds, heightened body awareness, distortion of vision, sense of time slowing, all feelings magnified, fear of losing control, paranoia, panic, euphoria, bliss, projection of self into dreamlike images, serenity, peace, depersonalization, derealization, increased libido.</p>	<p>reference, fear of losing one's mind, paranoid ideation, and impaired judgement. PCP: impulsiveness, impaired judgement, assaultiveness, belligerence, or may appear calm, stuporous, or comatose, vertical or horizontal nystagmus, hypertension, tachycardia, ataxia, diminished pain sensation, muscle rigidity, and seizures. MDMA: increased HR, BP, and temperature; dehydration; confusion; insomnia; and paranoia.</p>	<p>confusion, irritability, lack of motivation, nausea, vomiting.</p>
<p>Cannabinols Examples: Cannabis</p>	<p>Elevated BP, tachycardia, orthostatic hypotension, bronchodilation, euphoria, relaxed inhibitions, disorientation, depersonalization, and relaxation. Impairment of judgement of time and distance, recent memory, and learning ability. Tremors, muscle rigidity, and conjunctival redness.</p>	<p>Cannabis: impaired motor coordination, euphoria, anxiety, a sensation of slowed time, impaired judgement, memory, and social withdrawal. Conjunctival injection, increased appetite, dry mouth, and tachycardia, impairment of motor skills, significant cognitive impairment and difficulty performing tasks, impaired LOC. Synthetic: toxic reactions, elevated BP, reduced blood supply to the heart, kidney damage, and seizures.</p>	<p>Irritability, anger, aggression, nervousness, restlessness, or anxiety, sleep difficulty, decreased appetite or weight loss, depressed mood, abdominal pain, tremors, sweating, fever, chills, or headache.</p>
<p>Inhalants Examples: Toluene, gasoline, varnish remover, adhesives</p>	<p>Drowsiness, incoordination, disinhibition Heavy usage: ototoxicity, encephalopathy, parkinsonism, and damage to myelin sheaths</p>	<p>Dizziness, ataxia, euphoria, excitation, disinhibition, nystagmus, blurred and/or double vision, slurred speech, hypoactive reflexes, psychomotor retardation, lethargy, generalized muscle weakness, stupor or coma (at higher doses)</p>	<p>Restlessness, nausea and vomiting, runny nose and watery eyes, poor attention and concentration, and mood changes.</p>