

Unit 3: Substance Abuse Worksheet
Online Assignment (1H)
Due 6/10/2024 by 0800

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Directions: Use Chapter 14 in the textbook to fill in the spaces provided. Place your completed assignment in the “Unit 3: Substance Abuse Online Assignment” Dropbox by 0800 on 6/10/2024.

In order to receive full credit (1H class time) for this assignment, it must be completed in its entirety by the due date/time assigned. Any assignment not completed in its entirety by the due date and time will result in missed class time and must be completed by the end of the semester to pass the course.

Drug	Symptoms of Use	Symptoms of Intoxication	Symptoms of Withdrawal
CNS Depressants Examples: Alcohol	Sneaking drinks or secret drinking, preoccupation with drinking and maintaining alcohol supply, feels guilty and defensive, risks losing everything without a care	Relaxation, loss of inhibition, lack of concentration, drowsiness, impaired speech, and sleep	Coarse tremor of hands, tongue, or eyelids, nausea or vomiting, weakness, tachycardia, sweating, hypertension, anxiety, depression or irritability, hallucinations
CNS Stimulants Examples: Amphetamines	Tremor, restlessness, anorexia, insomnia, agitation, increased motor activity, increased bp and hr, constipation	Memory loss, psychosis, violent aggression, tachycardia or bradycardia, pupillary dilation, elevated or lowered blood pressure, perspiration or chills, nausea or vomiting, weight loss, psychomotor agitation	Fatigue, cramps, depression, headaches, nightmares, dysphoria, increased risk of suicide
Opioids Examples: Heroin	Pupillary constriction, respiratory depression, nausea and vomiting, constipation, hypotension	Initial euphoria then apathy, dysphoria, psychomotor agitation, impaired judgement	Dysphoric mood, nausea, vomiting, muscle aches, lacrimation, rhinorrhea, pupillary dilation, goosebumps, sweating, chills, diarrhea
Hallucinogens Examples:			

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dextromethmorphan, methoxy-amphetemine	Nausea and vomiting, chills, pupil dilation, increased hr, bp, and temp, mild dizziness, trembling, heightened body awareness, distortion of vision, sense of slowing time, euphoria or panic	Anxiety or depression, delusional thinking, fear of losing one's mind, depersonalization, hallucinations, tachycardia, hypertension, sweating, blurred vision, pupil dilation, tremors	No signification symptoms of withdrawal
Cannabinols Examples: marijuana	Tachycardia, orthostatic hypotension, obstructive airways disorders, decreased sperm count, ovarian suppression, euphoria, relaxed inhibitions, disorientation, depersonalization	Slowed coordination, euphoria, anxiety, a sensation of slowed time, impaired judgement and memory, red eyes, increased appetite, dry mouth, tachycardia	Irritability, anger, aggression, nervousness, restlessness, anxiety, sleep difficulty, decreased appetite, depressed mood, abdominal pain, tremors, sweating, fever, chills, headache
Inhalants Examples: paint thinners, gasoline	Ataxia, peripheral and sensorimotor neuropathy, speech problems, tremor, dyspnea, emphysema, pneumonia, abdominal pain, nausea, vomiting, rash around nose and mouth, renal toxicity	Restlessness, nausea, vomiting, runny nose, watery eyes, poor attention and concentration, mood changes	Symptoms considered to be too mild or too inconsistent to be considered "withdrawal"