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Psychiatric Nursing 2024

Nursing Therapy Group

Directions: Please answer the following questions, typing your response in the space provided. This document is due in the dropbox labeled Nursing Therapy Group by **Monday at 0800** the week you are scheduled to lead a nursing therapy group.

1. What activity will you be leading during your assigned nursing therapy group? Give a **detailed outline** of your activity, and explain how you plan on running your nursing therapy group. The activity I will be leading will be conversation cubes for social emotional learning activity. There are 6 dice involved and, on each cube, has 6 sides have different questions you'll read then question and then answer. I plan to place the dice in a bucket, and you will pick the dice without looking and then roll the dice and whatever it lands on you answer the question with a fun fact of yourself.

2. What is the purpose of your nursing therapy group activity? The purpose of this activity is to open up the patients its a good ice breaker/ conversation starter. This activity I think will let the patients know that you are not alone and there are others with similar interests.

3. How will this activity benefit the patients in the milieu? I feel that this will help open the patients up and they may grow a lasting impression and friendship with another patient and may obtain a extra support person they can call when having a rough day.

4. Describe the anticipated level of participation, cognitive level and affect of patients in the milieu after completion of the nursing therapy group activity (what you expect to happen)? I am hoping to have everyone involved and lift everyone's spirits by having a good laugh or a good connection. I am hoping everyone in the milieu leaves in a good mood or a better mood than when the game started