

Unit 3: Substance Abuse Worksheet
Online Assignment (1H)
Due 6/10/2024 by 0800

Directions: Use Chapter 14 in the textbook to fill in the spaces provided. Place your completed assignment in the “Unit 3: Substance Abuse Online Assignment” Dropbox by 0800 on 6/10/2024.

In order to receive full credit (1H class time) for this assignment, it must be completed in its entirety by the due date/time assigned. Any assignment not completed in its entirety by the due date and time will result in missed class time and must be completed by the end of the semester to pass the course.

Drug	Symptoms of Use	Symptoms of Intoxication	Symptoms of Withdrawal
CNS Depressants Examples: Pentobarbital Diphenhydramine, Alprazolam, Flunitrazepam	Anxiety or insomnia, slowed reflexes, lightheadedness, fatigue, difficulty breathing	Sedative, hypnotic, and anxiolytic. Respiratory depression, hypotension.	Happen after several weeks or more of regular use. Autonomic hyperactivity, increase hand tremor, insomnia, nausea or vomiting, hallucinations, illusions, depersonalization, psychomotor agitation, anxiety, grand mall seizure and delirium.
CNS Stimulants Examples: Dextroamphetamine, Methylone, Phendimetrazine, cocaine, Coffee, cigarettes	Therapeutic purposes, relieve fatigue and increase alertness, Treatment of narcolepsy, reduced appetite, weight loss, insomnia, pruritis.	Production of maladaptive behaviors and psychological changes. Tremors, increased heart rate, insomnia, agitation, restlessness, increase alertness	Crashing. Fatigue, cramps, depression, headaches, nightmares, nausea, vomiting, dysphoric mood, drowsiness.
Opioids Examples: Opium, Codeine, Heroin, Methadone, Fentanyl, Oxy	Sedative and analgesic effects. Treatment for pain relief, diarrhea, coughing, Relief of intense pain,	Sedation, Chronic constipation, decreased respiratory rate, pinpoint pupils	Dysphoric mood, nausea, vomitng, muscle aches, Lacrimation or rhinorrhea, pupillary dilation, piloerection, sweating, diarrhea, yawning, fever, insomnia
Hallucinogens Examples: Mescaline, lysergic acid diethylamide, Methylmethcathinone, Ketamine	Religion ceremonies, distorting an individuals perception of reality. “mind expanding drug”, nausea/vomiting, dry mouth sleeplessness, loss of appetite	Depending on the mental state of the individual and environment in which substance used. Nausea vomiting, chills, Mild dizziness, insomnia, Hightened response to color texture and soud,	Mood swings, panic attack, seizure tremors, elevated bp/hr, impaired memory depression, suicidal thoughts

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		hightened body awareness, sense of slow time, Paranoia, panic, bliss serenity, peace	
Cannabinols Examples: Marijuana, Hash, NPS	Red bloodshot eyes, increase or reduced appetite, nervousness paranoid behavior, lack of motivation or restlessness, impaired reaction time	Impaired Memory, impaired motor function, euphoria, anxiety, sensation of slowed time , red eyes, tachycardia	Irritability, anger, aggression, nervousness, restlessness, anxiety, difficulty sleeping, decreased appetite, or weight loss, depressed mood,
Inhalants Examples: Glue, Gasoline, spray paint, any aerosol can.	Chemical odors on breath or clothes, paint on hands, changes in behavior, decrease in appetite and weight loss, Sudden change in friends and hobbies	Dizziness, Ataxia, euphoria, excitation, disinhibition, nystagmus, blurred vision, double vision, slurred speech ,hypoactive reflexes, Psychomotor retardation, lethargy, Generalized muscle weakness, stupor or coma	Restlessness, nausea vomiting, runny nose watery eyes. Poor attention and concentration and mood changes