

## Psychiatric Nursing 2024

### Nursing Therapy Group

**Directions:** Please answer the following questions, typing your response in the space provided. This document is due in the dropbox labeled Nursing Therapy Group by **Monday at 0800** the week you are scheduled to lead a nursing therapy group.

1. What activity will you be leading during your assigned nursing therapy group? Give a **detailed outline** of your activity, and explain how you plan on running your nursing therapy group. \_\_\_\_\_

\_\_\_\_UNO & Emotional Games\_\_\_\_\_

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2. What is the purpose of your nursing therapy group activity? Has patients share feelings, makes feel better, makes them smile, and what they're thankful for\_\_\_\_\_

3. How will this activity benefit the patients in the milieu? \_It will encourage those to participate in sharing information they may not be likely to share otherwise

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4. Describe the anticipated level of participation, cognitive level and affect of patients in the milieu after completion of the nursing therapy group activity (what you expect to happen)? I anticipate most of if not all of the patients will participate in this activity because it is noninvasive and engaging. I would expect them to feel better and maybe help them understand that there are ways to help them without making them feel worse.

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