

Psychiatric Nursing 2024

Nursing Therapy Group

Directions: Please answer the following questions, typing your response in the space provided. This document is due in the dropbox labeled Nursing Therapy Group by **Monday at 0800** the week you are scheduled to lead a nursing therapy group.

1. What activity will you be leading during your assigned nursing therapy group? Give a **detailed outline** of your activity, and explain how you plan on running your nursing therapy group. DiceBreaker

The patients roll a die and, depending on the number, they ~~answer~~ answer the questions in order, only 1 question at a time.

2. What is the purpose of your nursing therapy group activity? This activity will allow the patients to converse about themselves amongst others and hopefully help them to look toward a happy future.

3. How will this activity benefit the patients in the milieu? I am hoping this will help some patients open up to others. I also hope this helps them become more comfortable during their stay and they feel less alone with their new friends.

4. Describe the anticipated level of participation, cognitive level and affect of patients in the milieu after completion of the nursing therapy group activity (what you expect to happen)?

Not many people will need to participate as long as it is at least 2. These patients will have to have enough cognitive ability to be able to express emotions verbally as well as being able to describe future goals, current likes/dislikes, and even things about their past.