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2nd team leader experience CDG

1. A bias that I am already aware of regarding the weight selection would be that people who are overweight or obese don't work hard, don't eat right, don't have discipline, aren't intelligent, etc. Personally, although sometimes that can be true, I know an obese person myself and he works very hard and is smart so people should not be judged like that.
2. The result of the study stated that I have a slight automatic preference for fat people over thin people.
3. I can understand the test results and they compare similarly because although I know that some of the bias can be true towards this group, I do not agree with it and do not think that about people who are overweight or obese. I do not understand why it said I had a preference over thin people because I have no bias or anything against thin people.
4. If a nurse complained about a specific ethnic group or people who don't take care of themselves, I would ask them to recall their why in this profession. I would explain to them that if we don't take care of these patients then who will? I would also ask them to put themselves in the patient's shoes. It's always good to reflect on a situation from the other person's shoes. I would explain to them that we are simply here to help patient's out and better their life and sometimes in this profession we are going to get and see the absolute worst state of people and it's so important that we take those people's fragile moments seriously and we need to be gentle with them, not judgmental. "Non-judgmental care acknowledges all aspects of your patients, including spiritual and cultural needs. Non-judgmental, holistic care affirms the dignity of your patients and helps them have a voice in their health care" (Koh,1999).

Non-judgmental care - Minnesota Dept. of Health. (2022, March 10).

Www.health.state.mn.us.

<https://www.health.state.mn.us/communities/practice/ta/phnresidency/>

[nonjudgmentalcare.html#:~:text=Non%2Djudgmental%20care%20acknowledges%20all](https://www.health.state.mn.us/communities/practice/ta/phnresidency/nonjudgmentalcare.html#:~:text=Non%2Djudgmental%20care%20acknowledges%20all)