

1. I have decided to pick the topic of age. I find that I feel more intimidated when I am taking care of younger people in the health care setting. I prefer to take care of older people because I feel more comfortable with them. I think most people prefer to take care of older people versus people that are the same age or younger than them.
2. The results of the test showed that I would strongly prefer younger people compared to older people. The results for this were 30%. The category of moderate automatic preference for young people compared to old people is also 30%. For slightly automatic preference for young people compared to older people was 17%. Little to no automatic preference between young and old people is 15%. Slight automatic preference for old people compared to young showed 4%. Moderate preference for old people compared to young people was 2% and strong preference was 1%.
3. I thought it would be the opposite and that I would prefer older people to younger people. I was very surprised to get the results that I did. According to senior living, "Ideally, we consider ourselves equal regardless of our race, income, gender, or age. But the reality is, today's society treats older people unfairly often. Many people lumps all aged 65 and up into a group of old, frail, decrepit, forgetful, and sickly beings separate from the rest of society. That notion couldn't be further from the truth." I feel like in the health care setting I can talk with older patients and work well with them. I did not realize that the older generation is usually treated unfairly. I enjoy taking care of the older generation and being able to learn from them.
4. I would respond by explaining that the patient is also most likely frustrated and upset because they cannot care for themselves properly. It can be hard when someone is unable to be in their home where they are most comfortable. The feeling of being sick and not being able to do the things they want to do. I would also explain to the nurse that the patient is most likely feeling tired and annoyed with the situation. The nurse should try to put themselves in the patient's position. We are here to take care of people and ensure they receive the best possible care no matter the situation.

#### References

Hoyt, J. (2024, March 14). *How Ageism in Health Care is Affecting Society*. SeniorLiving.org.

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