

For my topic I have selected Age. I am a little biased towards this group, because I tend to prefer to care for the middle-aged group.

During the Implicit Association Test (IAT) you just completed: Your responses suggested no automatic preference between old people and young people.

Based on my initial response the results were different. I feel I do have a bias but would never let it affect my care for anyone. I feel as if it is easier to relate to the middle-aged group and they have a little more empathy or are somewhat nicer than caring for the older aged group. In clinical experience when I have cared for the middle-aged group rather than the older age group I feel as if I have been treated better and connected more with the patient. As a team leader I would dig more into why the nurse would be complaining of a specific ethnic group or states, "I am tired of taking care of patients who don't care of themselves." I would figure out if maybe the nurse was just having a bad day and taking it out on the patient or if the nurse was biased towards this specific ethnic group. I would also ask them why they would think they don't take care for themselves and dig into what is going on deeper. I would try and find out a solution on what to do and determine if this biased is affecting the patients care and educate the nurse on the importance of being the patients advocate and taking care of the patient to the best of their abilities no matter what. Lewi's Medical-Surgical Nursing states, "Cultural differences affect how well patients think they can communicate with their health care team" (Harding, Wong, Hagler 2019, p. 21). A lot of patients can notice when nurses are being biased or are getting treated a different way by the health care team. If the patient suspects any bias, that could make them not want to tell the nurse if anything changes occur or even tell them if they are feeling down mentally and not just physically. They could want to hold back a lot of important stuff from us. That is why it is more than important to not treat any of your patients differently or talk down on your patients because patient care is our number one responsibility no matter what.

Hagler, M.M.H.J.K. D. (2019). *Lewis's Medical-Surgical Nursing: Assessment and Management of Clinical Problems* (12th ed.). Elsevier - Evolve. <https://pageburstls.elsevier.com/books/9780323792332>