For the implicit bias assessment, I can choose race. I have in the past been told that I don't like white people. I think it's because I choose not to partake in the cultural differences. (Harding, M., ect. 2023) I say this because sometimes I say, "That's what white people do." I think I have no bias toward white or black people, it's a cultural difference that makes me seem this way.

I took the test and it said that I'm biased towards white people. (Jo Ann Grif Alspach, 2018) I would prefer a white person over a black person. My first thoughts when I saw the results were that I told them I like white people. After I realized what it said I wasn't surprised that it said I'm bias to the white population.

The test also gave me no other opinion, but to pick white people. I feel like this test was biased to itself. It wanted us to pick a key, 'E" is black = bad and 'I" is white = good. Then it would show pictures and words. If I choose the wrong word for that category. The site would tell me, I'm wrong and to pick the other answer. It makes us must think about what answer does the test what us to choose.

My response to another nurse saying she is tired of dealing with patients who don't take care of themself would be. We can't control what someone does or acts. Those sick patients that don't take care of themself are the patients that pay our bills. Without patients in the hospital, we don't get to work. Yes, it gets annoying seeing the same few patients that are there every month. Many patients don't know how to care for themselves, at home or don't have a good support team. Instead of talking ill about those patients, help them. If they refuse the help, you are willing to give, ask them why. Keep trying, if you tell them 10 things hopefully, they will remember 1 thing from it.

Harding, M., Kwong, J., Hagler, D., & Reinisch, C. (2023). *Lewis's medical- surgical nursing: Assessment and management of clinical problems* (12th ed). St. Louis, MO: Elsevier, Inc.

JoAnn Grif Alspach; (1 August 2018) Implicit Bias in Patient Care: An Endemic Blight on Quality Care. *Crit Care Nurse*; 38 (4): 12–16. https://doi.org/10.4037/ccn2018698