

Race

1. I feel as though there are quite a few biases towards African Americans. One bias that I am aware of is that many white people seem to be scared of black people. They view them as “ghetto” or criminals without ever getting to know them. I feel that many people think that black people are all violent and are likely to end up in jail. The ADL states, “Participants judged the black men to be larger, stronger and more muscular than the white men, even though they were actually the same size. Participants also believed that the black men were more capable of causing harm in a hypothetical altercation and, troublingly, that police would be more justified in using force to subdue them, even if the men were unarmed.” (Anti-Defamation League, 2017). Another bias I am aware of is many white people think that black people are lazy. I have often heard that black people don’t want to work, and they are living off of the government.
2. The results of my implicit bias test were actually shocking to me. The results stated that I was moderately faster at sorting African Americans with bad and European Americans with good than vice versa. This shows that I do have some implicit bias towards African Americans.
3. My results show that I do have some implicit bias like stated in question one. This surprises me because I always find it crazy when people state their biases, like in question one, in public. I always think they are so rude when they say these things because we are all human and no one is perfect, no matter the color of your skin. Although, being raised in a world where people are naturally prejudice towards people who don’t look like them, as sad as it is, I’m not surprised that I am a little bias towards others. When you grow up with the biases, you can’t help but pick up some of the things you hear. I personally don’t think I have ever looked at someone and judged them for the way they look, but obviously I have some biases that I just never was aware of. To be honest though, in the world we live in, I think that everyone has some sort of unbeknownst bias whether you are black, white, purple, or green. It is sad and America needs a lot of work in the “treat everyone equally” category. (In my personal opinion of course)
4. As a team leader I would not take this comment lightly. As a nurse you are trained to take care of everyone equally. You don’t get to walk onto the floor and say, “I want to take care of purple people today”. I would tell them to take a look around. There are people from every different background on this floor. No one is alike and you never know what

different walks of life these people have been through. We as nurses don't always know their stories. I would also explain to them that people of different races and backgrounds are more susceptible to different illnesses based on their genes. This is at no fault of their own. I feel as though sometimes people forget that even though it's one of the first things we are taught in class.

Anti Defamation League. (2017, April 21). *Race, Perception, and Implicit Bias*. You are being redirected... https://www.adl.org/resources/tools-and-strategies/race-perception-and-implicit-bias?gad_source=1&gclid=Cj0KCQjw2PSvBhDjARIsAKc2cgO17WtXvTjMCS2aGMTQaN4Rd2cM2q7R9t_wQisRPPst3Sdin4unj-4aArKvEALw_wcB&gclidsrc=aw.ds