

Unit 8: Nursing Informatics
Z-Chapter 23
ONLINE CONTENT (1 H)

Unit Objectives:

- Discuss trends associated with the computerized electronic record, e-health, and mobile devices. (6,7)*
- Review the steps in evaluating the validity of a website. (7)*

***Course Objectives**

Review the assignment and place your answers to the questions in the Z-CH # 23 drop box by 0800 on March 25, 2024.

Patients often use the Internet to search for health-related issues. Search the Internet for any health-related issue of your choosing. Evaluate the website by answering the following questions:

1. Do the authors have qualifications listed? What are their qualifications? What is the domain? (.gov, .edu, .org)

The author, Christopher Curley who is a journalist had his article fact checked by Jennifer Chesak who has her masters in science. Domain is medical news today (.com)

2. When was the site created? When was the site last updated or revised?

The article was posted march 18, 2024. It has not been updated due to it just being published yesterday.

3. Who is the targeted audience? Does the web site present facts or opinions?

Targeted audience is those who experiment with with special diets, specifically intermittent fasting or “8 hour time restricted eating”. The site presents facts from research as well as information in quotes straight from the researchers themselves.

4. How complete and accurate is the content information? Does it agree with other expert sources?

The information within the site is accurate, and has been fact checked by qualified and licensed professionals. It agrees with other expert sources as well, I was able to find the same information on multiple sites that are reviewed by reliable sources as well.

5. Does the site load quickly? Is it a secured site? Are there graphics, or pictures on the page that serve a purpose? If so what are they and how do they relate to the health issue?

The site loads very quickly, it is secured as I did not get a warning message to continue. There is one picture on the site within the article that does not pertain to the article itself, or in the information, the article is about intermittent fasting so they used a photo of a clock to enhance the time aspect.

<https://www.medicalnewstoday.com/articles/8-hour-time-restricted-eating-linked-to-a-91-higher-risk-of-cardiovascular-death>

In order to receive full credit (1 H class time) for this assignment, it must be completed in its entirety by the due date/time assigned. Any assignments not completed in its entirety by the assigned due date and time will result in missed class time.