

**Firelands Regional Medical Center School of Nursing
Nursing Care Map**

Student Name _____

Date _____

Noticing/Recognizing Cues:

Highlight all related/relevant data from the Noticing boxes that support the top priority problem

Assessment findings*:

Pain level was 3/10
Blood pressure 152/61
 RR: 13
 HR: 66
 SpO2: 97
 Temperature: 97.6
2+ non pitting edema on right lower extremity
 Wound vac on right lower extremity
Weakness on right lower extremity
Serous wound seepage
 Ambulates with walker
 Abnormal gait
 Impaired vision
 Limited mobility on lower right extremity

Lab findings/diagnostic tests*:

Hgb: 11.3 (low)
Glucose: 103 (high)
Calcium: 8.5 (low)
Albumin: 3.4 (low)
Venous Duplex: Showed no evidence of DVT in right lower extremity
 Knee xray: intact right knee arthroplasty

Risk factors*:

Age 80
Lives alone
BMI of 31.8kg
Hx of HTN
Hx of osteoporosis
 Hx of cardiac bypass surgery
 Wears glasses
 Carotid stenosis
 Total left knee replacement
 Cholecystectomy
 Cardiac Catheterization

**Interpreting/Analyzing Cues/
 Prioritizing Hypotheses/
 Generating Solutions:**

Nursing priorities*: ***Highlight the top nursing priority problem***

Risk for poor wound healing
 Risk for injury
 Risk for infection
 Risk for adult falls
 Impaired walking
 Impaired physical mobility
 Impaired skin integrity
 Sedentary lifestyle
 Exhibit optimal tissue perfusion

Potential complications for the top priority:

Osteomyelitis
 Fever
 Pain and tenderness
 Warmth of infected area
 Swelling of infected area

Cellulitis
 Skin swelling
 Skin erythema
 Skin warmth
 Purulent drainage

Tissue necrosis
 Pain
 Impaired circulation
 Warmth
 Ischemic

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Responding/Taking Actions:

Nursing interventions for the top priority:

Assess vital signs: Assess q4h to determine any abnormalities in respiratory for possible PE, raise in temperature for possible bone infection, to assess circulation to right lower extremity, check for abnormal SpO2 for possible PE, and raise in HR for possible PE
Assess musculoskeletal status: Assess q4h or prn to see if any changes have occurred.
Assess wound status: asses q4h or prn to see if wound is healing properly.
Monitor for any changes in wound q2h or prn: To help determine if there are infections present
Monitor vital signs and respiratory status q4h or prn : To make sure the patient is not experiencing a PE.
Assist patient with ambulation tid: To promote blood circulation to wound site to help with healing.
Assist patient with dressing change q4h or prn: To check type of drainage and check healing process
Administer acetaminophen: administer 1000 mg PO q24h to help with pain to promote better participation in therapy and encourage healing.
Administer cholecalciferol: administer 50 mg PO q24h for vitamin D deficiency. Administer to help increase production of epidermal and platelet growth factors in wound healing process.
Administer diclofenac sodium 1% Gel: Apply q24h to knee to help with pain and reduce inflammation near wound site.
Administer loratadine: administer 10 mg PO q24h for antihistamine effects that will help with the formation of granulation tissue during the healing process of the wound.
Administer losartan: administer 25 mg PO to help lower bp to promote oxygen and nutrients to the wound site.
Administer multivitamin: 1 tab PO to help boost immune system
Administer prednisone: administer 10 mg PO q24h to help with inflammation
Administer enoxaparin: Administer 40 mg subq q24h to help prevent DVT
Early ambulation: Q2h to help prevent DVT formation
Educate on use of ted hose before discharge: To help pt understand the proper usage and the benefits
Educate pt of abnormal findings on wound site before discharge: to help the patient with recognizing different types of wound drainage and concerning symptoms that require immediate doctor attention
Educate pt on diet before discharge: to help with wound healing promotion

Reflecting/Evaluate Outcomes:

Evaluation of the top priority:

Pt pain level was 3/10
BP: 152/61
Hgb: 11.3 (low)
Calcium: 8.5 (low)
Albumin: 3.4 (low)
Glucose: 103 (high)
2+ non pitting edema on right lower extremity stayed the same
Wound vac on right lower extremity removed
Weakness on right lower extremity
Serous wound seepage got better after removing wound vac

Continue plan of care