

1. I think I would consider myself bias against the younger generation. Due to not having very many clinical experiences with any younger patients and most of them being a little older, I feel like I shy away from patients that are younger due to the fact that it may be awkward or uncomfortable for me to take care of them. If I were asked this same question before I had ever started clinicals, I probably would've said the opposite, that I was more comfortable with younger patients rather than older ones. However, since I have more experience with the older patients now, my opinion has switched to prefer to care for the older adults. I am sure that over time and the more experiences I have will help with this, as I will hopefully get more comfortable to taking care of the younger patients.
2. After taking the IAT age test, my results showed that I actually had a preference towards younger people rather than older people.
3. Compared to my original thoughts before taking the test, my results are completely flipped around. While taking the test, I thought since I had already thought about being bias towards older people that my answers would reflect that, but when I got my results, I was definitely shocked. According to Project Implicit, my score was as follows, "strong automatic preference for young people compared to old people" (Alspach, 2018). I think it might be because I am pretty young, so even though I may feel more comfortable with the older adults, I actually prefer and have more connections with those who are closer to my age, and I just do not realize it. Going into my next clinicals, I will definitely keep this in mind, and rather than shying away from those opportunities with the younger patients I will try to go towards them knowing that I am more comfortable that I think I am.

4. If another nurse were to come up to me and state that they were tired of taking care of a certain group of people based on race, age, gender, etc., I think I would ask them if it would be okay if we went somewhere private to talk about the situation. One of the first things I would consider asking would be what the problem was and what sparked it, because it may be the simple fact that they may be getting burned out of taking care of patients. However, if they seemed to come across as being bias in any way towards the patients, I would ask them what I could do to help them kind of get over this hump, because all patients need to be treated equally. Even though they may not like the patient or the family, it is part of our job to stay professional and do our best to give our patients the best care we are capable of.

Alspach, J. (2018, August). Implicit bias in patient care: An endemic blight on quality care. [Take a Test \(harvard.edu\)](#)