

Firelands Regional Medical Center School of Nursing

Medical Surgical Nursing

Reflection Journal Directions:

Directions: Provide in-depth, thorough answers to each of the following questions. Answers should be added directly into this document and must be at least 750 words in length. Submit your journal to the Edvance360 Dropbox for the appropriate simulation scenario (Scenario #1, Scenario #2) by the Saturday following the simulation experience, no later than 2200.

Responding:

- Discuss one thing you noticed, how you interpreted it, and how you responded. Do you feel your response was appropriate? Explain.

In the scenario for part 2. Sam Smith 55-year-old women fell off a ladder at home. She started she fell around 5 feet, patient has a history of COPD, enlarged prostate (she is transgender), smoker, HTN and A-fib. She is postoperative from a ORIF of the left leg.

When doing my assessment, the patient complained of pain in the right leg. After I performed a head to toe, I looked at the leg. The leg was red, and the patient complained of pain with movement. I remembered that the off-going nurse said that Mrs. smith does take Coumadin at home but hasn't taken it recently. She also refused to walk due to the pain and refused her SCDs. I called the doctor who order Percocet. We did not give the Percocet because the patients SpO2 were falling into the low 80s. The doctor was noticed of this and ordered labs.

[Ex. I noticed that my patient only produced 325 mL of urine in the last 24 hours, weight increased 1.5 kg since yesterday, BP is decreased at 90/58, and their lower extremities have 2+ pitting edema. Additionally, the urine analysis showed proteinuria, serum sodium 132, potassium 5.6, BUN 47, creatinine 2.9. This coupled with the admitting diagnosis of severe dehydration due to vomiting, limited oral intake, the patient's age (75) and a history of diabetes mellitus type 2, I interpret this to mean that the patient is likely experiencing an acute kidney injury (AKI). I would respond by initiating strict I&Os, performing daily weights, elevating the lower extremities and notifying the healthcare provider with requests for the following orders: telemetry, a potassium reducing agent, low sodium and potassium diet, and IV fluids.]

- Provide an example of collaborative communication you utilized within the scenario (consider interactions with your student nurse partner as well as members of the interdisciplinary team such as lab, the healthcare provider, surgery, PT/OT, radiology, etc.).

The collaborative teams my group used was the lab, radiology, and the healthcare provider. Lab did a blood draw and got the patients D-dimmer, Tropine and BNP. Radiology did a CT of the chest. The health care provider, gave is many orders like Lovenox 1.5mg/kg,

- Discuss one example of your communication that could use improvement. What did you say? How would you reword this statement? Be specific.
- When Mrs. Smith's oxygen was dropping into the low 80s. Molly was worried about putting the oxygen on without an order. I snapped and said the doctor would also be mad if he received a call saying his patient had died. I should have said that the doctor would be fine with it, we will just tell him later.

Reflecting:

- How did you evaluate an intervention you performed? Was the intervention effective and what would you do differently in the future if it was ineffective?
 - The nursing intervention I did was to put oxygen on Mrs. Smith and inform the doctor about the redness and pain in the lower left leg. The intervention I did worked. After I put the oxygen on, her SpO2 went into the mid-90s. When I called the doctor he gave me orders for pain medication, lab draws, and CT of the chest.
- Write a detailed narrative nurse's note based on your role in the scenario.

Nursing

Flow Sheets

Provider

Labs & Diagnostics

MAR

Collaborative Care

Other

NURSING NOTE

Feb 28,24	<p>After I received a report from the outgoing nurse. During my assessment, I noticed that Mrs. Smith had redness and pain with movement of her lower leg. Mrs. smith said the pain is a 6/10 with movement. Doctor was notified and orders for Percocet were placed. When given the Percocet, Mrs. Smith went into respiratory distress. Her SpO2 dropped into the low 80s, heart rate was in the 120s. Nurse placed patient on 2L nasal cannula. SpO2 and is now in the mid-90s. The healthcare provider was notified and orders for a BMP, D- dimer and tropine were ordered—also a chest CT. The Dimer was elevated. Chest CT showed pleural effusion to the right lower lobe. MD was notified of the labs and CT of chest. Prover order Lovenox 1.5 MG/kg stat Sub-Q order. After the first order, switch to daily. Nurse gave 1mL of Lovenox per doctor's order. Doctor Woo was noticed and no new orders this time. Plan of care continued.</p> <p>Patient is resting in bed with eyes closed, respiration regular and unlabored. Left leg is elevated with a pillow. Bed is in semi-fowlers position with three side rails up. Bed in the lowers position. Patient has personal items and call light within reach.</p> <p>N.Drivas LPN-RN student</p>
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- Reflect on opportunities for improvement. Based on your performance, what steps will you take to help improve your clinical practice in the future?

The steps I would take to improve my clinical practice would be to talk to the doctor and writing down what they say. When I realized that I had to call the doctor, I was so nervous. When I am nervous, I tend to talk very quietly and softly. In my debriefing, Nick even said when he was trying to give me the doctor's orders, he could barely hear me.

When he was giving me orders, I kind of froze and wasn't writing down everything he was saying. So, when it came to trying to find what medication Molly and I were stuck because we both forgot what medication Nick told us. I only wrote down the first three letters of the name and the amount and route to be given. In real life could put the patients' safety at risk.

- Use a meme or a word to describe how you felt before, during, and after the simulation scenario (one meme or word for each phase). Why did you choose these pictures or words?

Before- Feel like I had a good group, and we would do fine with this simulation.



During –during report Kelly said I want to go home at least 5 times during her report.



After – I felt the simulation should have gone better. We all walked out of the room and said what just happened.

