

- Discuss one thing you noticed, how you interpreted it, and how you responded. Do you feel your response was appropriate? Explain.

As Destiny started the head-to-toe assessment the patient was complaining about how she was in so much pain, rating a 7 out of 10. She described it as a burning pain. So, I decided to give her morphine 4 mg with an IM shot. After the morphine was given, we waited for it to kick in and we reassessed his pain level and has not changed. So, me and Destiny communicated and decided to do a focused assessment on the left leg where the patient said the pain is located. When destiny assessed the patients, toes were turning blue meaning her leg was going cyanotic. We made the decision to call the provider and let the provider know the situation with the leg. While she called the provider, I hung the normal saline and the patient antibiotics so that she would be ready to do surgery. The provider wanted the IV to start so the patient could come for emergency surgery. So, we called the patient's family and took the patient down to surgery.

- Provide an example of collaborative communication you utilized within the scenario (consider interactions with your student nurse partner as well as members of the interdisciplinary team such as lab, the healthcare provider, surgery, PT/OT, radiology, etc.).

When the patient described the pain as burning me and destiny disgusted the order to elevate the leg and we decided to not elevate the leg because we thought it could be compartmenting syndrome. We also made the decision to call the provider about the cyanotic leg to see what should be done to prevent further damage. Me and my partner also communicated about the dosage for the opioid given and she over checked my work and watched me give the medication. We also communicated with the patient's family about taking the patient for emergency surgery and the reason for it.

- Discuss one example of your communication that could use improvement. What did you say? How would you reword this statement? Be specific.

We could have improved on talking with the provider because we gave him the patient information and the situation with the patient. The situation is that the patient had fallen 5 ft and fractured her left leg and was to need surgery to fix the fracture. We didn't give him any background on the patient that was needed, and we told him what we had found with our assessment. The assessment found that the patient's leg was cyanotic and that the patient had a burning sensation in the left leg. We also did not give the provider any recommendation for what we found in the assessment findings.

- How did you evaluate an intervention you performed? Was the intervention effective and what would you do differently in the future if it was ineffective?

As we started the initial assessment the patient complained of extreme pain. So instead of finishing the assessment we intervened and gave her morphine for her pain. We waited for the pain medicine to kick in and we prepped the IV medications. Then we did an intervention to reassess her pain level and it was stated she had no change. So, we decided to do a focus assessment on her left lower legs and saw a lack of blood flow, so we had the provider intervene. I feel like our interventions were effective because the patient was taken to emergency surgery and no further damage was done to that left leg.

- Write a detailed narrative nurse's note based on your role in the scenario.

At 8 pt complained of pain 7/10 and stated, "My legs feel like its burning." Morphine 4 mg IM was given at 9:10 and pt stated "No change in pain." Focused assessment of the lower left leg showed cyanosis. So, the order of elevation was not followed due to compartment syndrome and provider was call at 9:15. The provider ordered IV bags to be hung with antibiotics and saline. They were hung at 9:18 and the pt was taken to emergency surgery at 8:30 following providers orders.

- Reflect on opportunities for improvement. Based on your performance, what steps will you take to help improve your clinical practice in the future?

For this Sim lab I felt very rushed I didn't get to look into my medication. Next time I will work a little faster to make sure I can educate my patients on the medication that I am going to be giving to them. I also did not do the dosage calculation for Morphine right on a syringe, so I want to practice this in more situations like this and be able to correctly dosage patient medicine correctly even under a lot of pressure. I also want to be able to not second guess my work when I am being watched. It seems like we people watch me I get nervous, and I tend to feel like I don't know what I am doing and second guess everything I do. I want to prevent that because I have the knowledge and I can do it. I just get very nervous. I am going to stick with my gut feeling and go with it because I know what to do.

- Use a meme or a word to describe how you felt before, during, and after the simulation scenario (one meme or word for each phase). Why did you choose these pictures or words?

Before- Overwhelmed. I chose this because I felt like there was a lot of preparation I did going into this Sim, and it seemed like a lot.

During- Anxiety. I chose this because knowing my instructors were watching me behind the class was very intimidating and it gave me a lot of anxiety.

After- Relieved. I chose this because I was very relieved it was over and knowing I didn't do a terrible job was a relief. I know I made mistakes, but they were mistakes that could easily be fixed.