

Currently there are a lot of ethical issues within the health care field. We have a lot of ethical duty to do right by our patients and follow what we want. We cannot have opinions based on what we believe is best or the right thing to do. The ANA code of ethics for nurses sets the guidelines for how nurses' standard of care should look. These guidelines state that a nurse should treat all patients with respect and dignity no matter what they believe or choose to do. A nurse's commitment is to help patients no matter what. They should always do what's best for the patient and advocate for their rights, health, and safety. Nurses are held accountable for their authority over patients and have a responsibility to promote wellness and provide the best care possible. These duties are owed to the nurses themselves as well. This means taking care of oneself, maintaining character, integrity, competencies, and continuing personal growth and learning. Professional growth should be gained research of scholarly material, development of professional standards, and improving their generation of policies and nursing. Nurses should work together as a team and on their own should care for their ethical work environment for quality safe care of patients. It is the duty of the nurse to work with other health disparities and the public to promote and protect human rights, health diplomacy, and health care for the under privileged. As a nurse it is our job to protect our values, integrity of the position, and impose social justice into our practice.

Nurses face hard choices everyday with the public, laws, and personal beliefs. We have to keep our personal beliefs out of our practice and do what

is best for our patients and do what they wish within our scope of practice. Recently there has been a huge debate within the public and the medical field about women's health rights and what should be regulated and allowed. One of the ANA code of ethics states "the nurse promotes, advocates for, and protects the rights, health and safety of the patient". This has become a hard guideline to follow with women's health issues at bat. Women were told that they were no longer allowed to make choices about their body. Even if that meant what was going on with them could potentially kill them. If a patient presented to the hospital and the only way they were going to survive was a medical procedure you wouldn't think twice about doing so. Roe Vs Wade was trying to have a woman's choice for abortion and contraception set. This would take away a woman's right to her own body. Making medical abortions illegal. Women who could die from pregnancy complications would not be able to choose their own life. Nurses would have to choose not to protect their patients. They would have to choose not to prioritize the patient's safety. They would have to refuse care for their patients. This goes against the code of ethics. Thankfully at this time Roe vs Wade was overturned (Hhs, 2023).

Hhs. (n.d.). Know your rights: Reproductive health care. [ReproductiveRights.gov. https://reproductiverights.gov/](https://reproductiverights.gov/)