

Chapter 19 ANA Code of Ethics

The significance of the American Nurses Association (ANA) Code of Ethics has become increasingly apparent. The code underscores the importance of promoting, advocating for, and safeguarding our patients' rights, health, and safety.

Promoting patient rights involves ensuring they are fully informed about their care, fostering a collaborative environment, respecting their autonomy, and safeguarding their confidentiality. "The nurse must understand any institutional standards set in place to review his/her performance; this includes measurements of progress and the need for further review or study to meet performance standards." (Haddad & Geiger, 2023) Advocacy goes beyond the bedside – it's about being a voice for those in our care, ensuring their needs are met, and navigating the complex healthcare system on their behalf. In doing so, the nurse becomes a crucial link between the patient and the broader healthcare landscape.

Protecting patient health and safety is a multifaceted responsibility. It starts with a commitment to delivering evidence-based, competent care. This includes ongoing education to stay abreast of advancements in healthcare and evidence-based practice-backed research. Additionally, it involves creating and maintaining a safe environment, whether it be through infection control measures, medication safety protocols, or injury prevention strategies.

In my journey towards nursing, embracing the principles of the ANA Code of Ethics has been transformative. It's a compass that guides my actions and decisions, reinforcing the ethical obligations of the noble nursing profession. As I prepare to enter the workforce, I am committed to upholding these principles, ensuring that my future patients' rights, health, and safety remain at the forefront of my practice.

Cite

Haddad, L. M., & Geiger, R. A. (2023, August 14). *Nursing ethical considerations*. StatPearls [Internet]. <https://www.ncbi.nlm.nih.gov/books/NBK526054/>